

Capacity Building and Skills Enhancement Initiatives
Conducted by Career Counselling and Competitive Examinations Cell
for the Academic Year 2018-19

Soft Skills for the Academic Year 2018-19



SLN DEGREE COLLEGE

Alamur Road, Anantapuramu

Affiliated to S.K. University

Competitive Examinations and Career Counselling Cell

Circular

Date: 20/9/2018

All the UG students are hereby informed that the Competitive Examinations and Career Counselling Cell is going to organize a 45 days programme on Soft Skills entitled "Soft Skills for Success" in association with Department of English of our college. Interested students are instructed to enrol in the programme with V Chandra Mouli, Head Department of English and obtain the syllabus on or before 25/9/2018. The Programme will commence from 01/10/2018

N. V. S. S.
Convener

Competitive Examinations and
Career Counselling Cell

V. Chandra Mouli

Head
Department of
English

Dept. of English
SLN Degree College
ANANTAPURAM

L. H. E.
Principal
Principal
SLN Degree College
Alamur Road
Anantapuramu

Copy to
All Notice Boards
For Circulation to Students



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Principal
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Competitive Examinations and Career Counselling Cell Syllabus for "Soft skills for Success"

Objective

The programme Soft skills for Success is uniquely designed to enable the students with thorough understanding of the fundamental soft skills and of their practical social and workplace usage. This programme helps the students to communicate effectively and to carry themselves confidently and in harmony with the surroundings. The students can also learn how to identify and overcome the barriers in interpersonal relationships, and to employ oral and written communication, teamwork, leadership, problem-solving and decision-making skills, to gain best results.

Learning Outcomes

At the end of this programme entitled "Soft Skills for Success" the students can able to:

- Making the Students to Understand the significance and essence of a wide range of soft skills.
- Enabling the students to learn how to apply soft skills in a wide range of routine social and professional settings.
- Making to understand and learn how to employ soft skills to improve interpersonal relationships.
- Learn how to employ soft skills to enhance employability and ensure workplace and career success.

Duration of the Programme: 45 Days

Unit -1

Soft Skills: An Introduction – Definition and Significance of Soft Skills; Process, Importance and Measurement of Soft Skill Development.

Self-Discovery: Discovering the Self; Setting Goals; Beliefs, Values, Attitude, Virtue.

Positivity and Motivation: Developing Positive Thinking and Attitude; Driving out Negativity; Meaning and Theories of Motivation; Enhancing Motivation Levels.

Unit -2

Interpersonal Communication: Interpersonal relations; communication models, process and barriers; team communication; developing interpersonal relationships through effective communication; listening skills; essential formal writing skills.

Public Speaking: Skills, Methods, Strategies and Essential tips for effective public speaking.

Group Discussion: Importance, Planning, Elements, Skills assessed; Effectively disagreeing, Initiating, Summarizing and Attaining the Objective.

Non-Verbal Communication: Importance and Elements; Body Language.

Teamwork and Leadership Skills: Concept of Teams; Building effective teams; Concept of Leadership and honing Leadership skills.

Unit -3

Interview Skills: Interviewer and Interviewee – in-depth perspectives. Before, During and After the Interview. Tips for Success.

Presentation Skills: Types, Content, Audience Analysis, Essential Tips – Before, During and After, Overcoming Nervousness. 3. Etiquette and Manners – Social and Business.

Time Management – Concept, Essentials, Tips.

Personality Development – Meaning, Nature, Features, Stages, Models; Learning Skills; Adaptability Skills.

Unit -4

Decision-Making and Problem-Solving Skills: Meaning, Types and Models, Group and Ethical Decision-Making, Problems and Dilemmas in application of these skills.

Conflict Management: Conflict – Definition, Nature, Types and Causes; Methods of Conflict Resolution.



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Stress Management: Stress - Definition, Nature, Types, Symptoms and Causes; Stress Analysis Models and 8 Impact of Stress; Measurement and Management of Stress

Unit -5

Leadership and Assertiveness Skills: A Good Leader; Leaders and Managers; Leadership Theories; Types of Leaders; Leadership Behaviour; Assertiveness Skills.

Emotional Intelligence: Meaning, History, Features, Components, Intrapersonal and Management Excellence; Strategies to enhance Emotional Intelligence.

A handwritten signature in black ink, appearing to be 'V. S. S. S.'.

Head Department of English

Dept. of English
SLN Degree College
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Competitive Examinations and Career Counselling Cell

Valedictory Report of "Soft Skills for Success" on 16/11/2018

Soft skills refer to both character traits and interpersonal skills that will influence how well a person can work or interact with others. The term soft skills cover a wide range of skills as diverse as teamwork, time management, empathy and delegation. The importance of these soft skills is often undervalued, and there is far less training provided for them than hard skills such as coding. Organizations seem to expect people know how to behave on the job and the importance of skills such as taking initiative, communicating effectively and listening, which often is not the case.

The SDGS College identified the importance of soft skills and organised a 45 days programme entitled "Soft Skills for Success" under the Competitive Examinations and Career Counselling Cell in cooperation with Department of English. For this programme 95 students were enrolled.

The Valedictory function of the programme was started at 3:00 Pm on 16/11/2018 by inviting the Principal, Programme Convener and the Head Department of English on to the Dias. The Principal of the College in his inaugural speech congratulated the Convener of the Programme and English Department for organising this kind of programme in the college for the benefit of students. In his speech the principal explained the importance of Soft Skills for securing jobs after the graduation.

The Convener of the Programme has given an inspiring speech regarding Importance of Soft Skills. The Head Department of English has assured their cooperation for conducting these kinds of programs for the benefit of the students. The Students who enrolled in this programme has expressed their satisfaction towards the programme and requested the principal to organise more number of programmes.

The Valedictory function is ended by distributing the certificates to the students who are enrolled in the Programme and the programme is concluded by the IQAC Coordinator with Vote of Thanks and followed by National Anthem.

V. Chandan
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LJH
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Competitive Examinations and Career Counselling Cell

Soft Skills for Success

2018-19

List of Students Enrolled and Signatures

S.NO	ADMISSION NO	NAME OF THE STUDENT	GENDER	YEAR	SEMESTER	GROUP	SIGNATURE
1	803	ADI ANDHRA HARITHA	FEMALE	I	I SEMESTER	BCOM (CA)	A. Haritha
2	722	APPALAREDDY JANAKI	FEMALE	I	I SEMESTER	BCOM (CA)	A. Janaki
3	501	ARAPANA ANITHA	FEMALE	I	I SEMESTER	BCOM (CA)	A. Anitha
4	492	AVANIGONDA SWATHI	FEMALE	I	I SEMESTER	BCOM (CA)	A. Swathi
5	478	AVILIGONDA PRAVALLIKA	FEMALE	I	I SEMESTER	BCOM (CA)	A. Pravalika
6	463	BADIGE ANUSHA	FEMALE	I	I SEMESTER	BCOM (CA)	B. Anusha
7	466	BOPELLA LAKSHMI	FEMALE	I	I SEMESTER	BCOM (CA)	B. Lakshmi
8	804	BORRA ESWARAMMA	FEMALE	I	I SEMESTER	BCOM (CA)	B. Swaramma
9	481	BUDDANNA GARI GNAPTHI	FEMALE	I	I SEMESTER	BCOM (CA)	B. Gnapathi
10	397	CHAKALI LAKSHMI	FEMALE	I	I SEMESTER	BCOM (CA)	C. Lakshmi
11	10	CHAKALI SILPA	FEMALE	I	I SEMESTER	BCOM (CA)	C. Silpa
12	496	CHINNA JINKA ANITHA	FEMALE	I	I SEMESTER	BCOM (CA)	C. Anitha
13	493	CHINTHAMAKALA KALPANA	FEMALE	I	I SEMESTER	BCOM (CA)	C. Kalpana
14	490	DARSI NIKHITHA	FEMALE	I	I SEMESTER	BCOM (CA)	D. Nikhitha
15	513	DASARI MANEESHA	FEMALE	I	I SEMESTER	BCOM (CA)	D. Maneesha
16	474	DUNGAVATH ARUNDATHI	FEMALE	I	I SEMESTER	BCOM (CA)	D. Arundathi
17	475	EDIGA MAMATHA	FEMALE	I	I SEMESTER	BCOM (CA)	E. Mamatha
18	480	GOLLA KALAVATHI	FEMALE	I	I SEMESTER	BCOM (CA)	G. Kalavathi
19	476	GOLLA MAHITHA	FEMALE	I	I SEMESTER	BCOM (CA)	G. Mahitha
20	477	GUMMADI ASWINI	FEMALE	I	I SEMESTER	BCOM (CA)	G. Aswini

2018-2019

					SEMESTER	(CA)	G. Sudantha
21	446	BOYA HANUMANTHAPPA GARI SUJATHA	FEMALE	II	I SEMESTER	BCOM (CA)	B. Rajeswari
22	352	BOYA RAJESWARI	FEMALE	II	I SEMESTER	BCOM (CA)	B. Sravani
23	369	BOYA SRAVANI	FEMALE	II	I SEMESTER	BCOM (CA)	B. Srujana
24	357	BOYA SRUJANA	FEMALE	II	I SEMESTER	BCOM (CA)	S. Manichan Srida
25	337	CHAKALI MANICHANDANA	FEMALE	II	I SEMESTER	BCOM (CA)	C. Sireesha
26	377	CHAKALI SIREESHA	FEMALE	II	I SEMESTER	BCOM (CA)	D. Pravalika
27	447	DEVARASETTI PRAVALIKA	FEMALE	II	I SEMESTER	BCOM (CA)	K. Nandu
28	345	KAREKALLU NANDU	FEMALE	II	I SEMESTER	BCOM (CA)	K. Pushpa
29	347	KURE PUSHPALATHA	FEMALE	II	I SEMESTER	BCOM (CA)	M. Nagini
30	344	M NAGINI	FEMALE	II	I SEMESTER	BCOM (CA)	Mallagund mani
31	336	MALLAGUNDLA MANI	FEMALE	II	I SEMESTER	BCOM (CA)	M. Dharmu
32	312	MEKALA DHARANI	FEMALE	II	I SEMESTER	BCOM (CA)	M. Asha
33	304	NEELURI ASHA	FEMALE	II	I SEMESTER	BCOM (CA)	B. Sireesha
34	846	BOYAGANGAPPAGARI SIREESHA	FEMALE	I	I SEMESTER	BSC (BTMC)	B. Bhargava
35	583	BOYARAMANJINEYULUGARI BHARGAVI	FEMALE	I	I SEMESTER	BSC (BTMC)	C. Anitha
36	827	CHILLA ANITHA	FEMALE	I	I SEMESTER	BSC (BTMC)	G. Sravani
37	582	GIRI SRAVANI	FEMALE	I	I SEMESTER	BSC (BTMC)	J. Sravani
38	576	JALIPENTA SRAVANI	FEMALE	I	I SEMESTER	BSC (BTMC)	Ej. Sravani
39	581	KUDETI AKHILA	FEMALE	I	I SEMESTER	BSC (BTMC)	K. Akhila
40	765	KURUBA ANUSHA	FEMALE	I	I SEMESTER	BSC (BTMC)	K. Anusha
41	837	MANNALA ANUSHA	FEMALE	I	I SEMESTER	BSC (BTMC)	M. Anusha
42	589	PURROLLA LALITHA	FEMALE	I	I SEMESTER	BSC (BTMC)	P. Lalitha
43	759	AKULETI APARNA	FEMALE	I	I SEMESTER	BSC (BTMC)	A. Aparna
44	760	AKULETI NANDINI	FEMALE	I	I SEMESTER	BSC (BTMC)	A. Nandini
45	598	DUDEKULA SHABEENA	FEMALE	I	I SEMESTER	BSC (BTMC)	D. Shakeel
46	579	GODUGU MASTANBEE	FEMALE	I	I SEMESTER	BSC (BTMC)	G. Mastan

47	603	GUDURU MADHAVI	FEMALE	I	SEMESTER	BSC (BTMC)	G. Madhavi
48	646	PENUKONDA ASWINI	FEMALE	I	SEMESTER	BSC (MECS)	P. Aswini
49	645	TALARI BHAVANI	FEMALE	I	SEMESTER	BSC (MECS)	T. Bhavani
50	638	TALARI JYOTHSNA PRIYA	FEMALE	I	SEMESTER	BSC (MECS)	T. Jyothsna Priya
51	843	TALARI MANISHA	FEMALE	I	SEMESTER	BSC (MECS)	T. Manisha
52	616	TALARI SIVANANDINI	FEMALE	I	SEMESTER	BSC (MECS)	T. Sivanandini
53	781	TUMMALA SIREESHA	FEMALE	I	SEMESTER	BSC (MECS)	T. Sireesha
54	639	YARRAPPAGARI HEMALATHA	FEMALE	I	SEMESTER	BSC (MECS)	T. Hemalatha
55	630	BATHALA MOUNIKA	FEMALE	I	SEMESTER	BSC (MECS)	B. Mounika
56	252	TALARI SUDHAMANI	FEMALE	II	SEMESTER	BSC (MECS)	T. Sudhamani
57	234	CHIKKALA MOUNIKA	FEMALE	II	SEMESTER	BSC (MECS)	C. Mounika
58	218	CHIRUTALA BHAVANA	FEMALE	II	SEMESTER	BSC (MECS)	C. Bhavana
59	249	D Y SWARNALATHA	FEMALE	II	SEMESTER	BSC (MECS)	D. Swarnalatha
60	420	EDIGA SOWJANYA	FEMALE	II	SEMESTER	BSC (MECS)	E. Sowjanya
61	251	EDIGA SUMA	FEMALE	II	SEMESTER	BSC (MECS)	E. Suma
62	236	GANNE NIRMALA	FEMALE	II	SEMESTER	BSC (MECS)	G. Nirmala
63	243	KADIRISANI PALLAVI	FEMALE	II	SEMESTER	BSC (MECS)	K. Pallavi
64	810	GUNDOORI LIKHITHAMMA	FEMALE	I	SEMESTER	BSC (MPCS)	L. Likhithamma
65	710	GURRAM SREELEKHA	FEMALE	I	SEMESTER	BSC (MPCS)	G. Sreelekha
66	670	JILLALAPALLI SRAVANI	FEMALE	I	SEMESTER	BSC (MPCS)	J. Sravani
67	650	PENNAIAHGARI SRAVANI	FEMALE	I	SEMESTER	BSC (MPCS)	P. Sravani
68	708	AAKASAM RAJITHA	FEMALE	I	SEMESTER	BSC (MPCS)	A. Rajitha
69	792	ARAVETI BHAVANA	FEMALE	I	SEMESTER	BSC (MPCS)	A. Bhavana
70	695	ARVETI PAVITHRA	FEMALE	I	SEMESTER	BSC (MPCS)	A. Pavithra
71	713	BADDALA SWATHI	FEMALE	I	SEMESTER	BSC (MPCS)	B. Swathi
72	687	BANDI TEJASWINI	FEMALE	I	SEMESTER	BSC (MPCS)	B. Tejaswini
73	704	D ROOPA	FEMALE	I	SEMESTER	BSC (MPCS)	D. Roopa

2018-2019

74	733	DUDEKULA GOUSIYA BANU	FEMALE	I	SEMESTER	BSC (MPCS)	D. Gousiya Banu
75	729	GADDAM PAVITHRA	FEMALE	I	SEMESTER	BSC (MPCS)	G. Pavithra
76	812	GADELLA KURUBA JHANSI	FEMALE	I	SEMESTER	BSC (MPCS)	G. Kuruba Jhansi
77	813	GANDLA LAVANYA	FEMALE	I	SEMESTER	BSC (MPCS)	G. Lavanya
78	383	TALARI BABY	FEMALE	II	SEMESTER	BSC (MPCS)	T. Baby
79	124	VADDE JYOTHI	FEMALE	II	SEMESTER	BSC (MPCS)	V. Jyothi
80	127	AMPAGOWNI LAKSHMI PRASANNA	FEMALE	II	SEMESTER	BSC (MPCS)	A. Laxmi Prasanna
81	453	BANDARU CHANDRAKALA	FEMALE	II	SEMESTER	BSC (MPCS)	B. Chandrakala
82	436	BANDARU NIKHILESWARI	FEMALE	II	SEMESTER	BSC (MPCS)	B. Nikhileswari
83	138	BANDI RAMYASREE	FEMALE	II	SEMESTER	BSC (MPCS)	B. Ramyasree
84	159	BILLE YAMUNA	FEMALE	II	SEMESTER	BSC (MPCS)	B. Yamuna
85	388	BOBBILI VARALAKSHMI	FEMALE	II	SEMESTER	BSC (MPCS)	B. Varalakshmi
86	847	INDRAVATI KEERTI	FEMALE	I	SEMESTER	BSC (MSCS)	I Keerti
87	558	KADIREPPAGARI MANJULA	FEMALE	I	SEMESTER	BSC (MSCS)	K. Manjula
88	551	MANGALI ARUNDHATHI	FEMALE	I	SEMESTER	BSC (MSCS)	M. Arundhati
89	525	PATHAKA VAISHNAVI	FEMALE	I	SEMESTER	BSC (MSCS)	P. Vaishnavi
90	754	PEDDAERAPPAGARI ASWANI	FEMALE	I	SEMESTER	BSC (MSCS)	P. Aswani
91	392	SANGATI LAVANYA	FEMALE	II	SEMESTER	BSC (MSCS)	S. Lavanya
92	170	SEELLA HARATHI	FEMALE	II	SEMESTER	BSC (MSCS)	S. Harathi
93	164	THAMMINENI DHARANI	FEMALE	II	SEMESTER	BSC (MSCS)	T. Dharani
94	167	VENNAPUSA HARITHA	FEMALE	II	SEMESTER	BSC (MSCS)	V. Haritha
95	66	S SRUTHY	FEMALE	III	SEMESTER	BSC (MSCS)	S. Sruthy

V. Chandrasekhar
 Dept of English
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Language and Communication Skills for the Academic Year 2018-19

Career Counselling and Competitive Examinations Cell
45 days Capacity and Skill Enhancement Course

"The Art of Written and Verbal Communication in English"

Course Objectives: The following are course objectives

- To develop students' written and verbal communication skills in English.
- To teach students the principles of effective communication, including clarity, conciseness, correctness, completeness, courtesy, consideration, and concreteness.
- To help students develop their critical thinking and problem-solving skills through communication.
- To prepare students for communication success in academic and professional settings.

Course Outcomes: Upon completion of this course, students will be able to:

- Write and speak clearly, concisely, correctly, completely, courteously, considerately, and concretely.
- Analyze and evaluate their own communication and the communication of others.
- Adapt their communication style to different audiences and purposes.
- Use communication effectively to achieve their goals in academic and professional settings.

Course Syllabus:

Unit 1: Introduction to Communication: What is communication? - The communication process - The elements of effective communication - Verbal and nonverbal communication - Cultural communication.

Unit 2: Written Communication: The writing process - Types of written communication - Writing for different Purposes - Writing style and grammar - Editing and proofreading.



Unit 3: Verbal Communication: The public speaking process - Types of public speaking - Delivering effective presentations - Active listening - Communicating in small groups.

Unit 4: Communication in the Workplace: Business writing - Email communication - Professional presentations - Interview skills - Networking skills.



V. Chandu
Head Department of English



[Signature]
Principal
SLN Degree College
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Valedictory Report of Course Title: "The Art of Written and Verbal Communication in English".

Organized by:

Competitive Examinations and Career Counselling Cell in coordination with the English Department from 10-09-2018 - 23-10-2018

Number of Students Attended: 179

The Valedictory function for the course titled "The Art of Written and Verbal Communication in English," organized by the Competitive Examinations and Career Counselling Cell in collaboration with the English department at SLN Degree College, covering the period from 10-09-2018 to 23-10-2018 and attended by 179 students, affirms the success of the program. The participants expressed their satisfaction with the course.

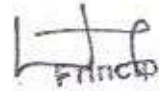
During the Valedictory function, the College Principal commended the Program Convener and the English Department for organizing this valuable initiative for the students' benefit. In his address, the principal emphasized the crucial role of effective written and verbal communication skills in the 21st century, especially concerning post-graduation job prospects.

The Program Convener delivered an inspiring speech underscoring the importance of mastering written and verbal communication in English. He elaborated on how these skills are fundamental for success in various life domains, from personal relationships to professional endeavours. He also highlighted the program's benefits and its positive impact on the students' communication abilities. The Head of the English Department assured their ongoing support in conducting similar programs, commending the students for their active participation in the initiative.

The enrolled students expressed their contentment with the program, acknowledging its substantial contribution to enhancing their written and verbal communication abilities. They requested the principal to organize more such programs, citing the significant improvement they experienced in their communication skills.

The Valedictory function concluded with the distribution of certificates to the participating students. The event wrapped up with a Vote of Thanks delivered by the IQAC Coordinator, followed by the National Anthem.




Principal
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Principal
SLN Degree College
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Life Skills for the Academic Year 2018-19

Department of Physical Education
Transform Your Life with 45 Days of Yoga Practice

This course is designed to provide students with a comprehensive understanding of yoga, its history, philosophy, and practical applications. Through a combination of theory and practice, students will explore various aspects of yoga, including postures, breathing techniques, meditation, and the philosophy behind this ancient practice.

Course Objectives:

- To introduce college students to the principles and practices of yoga as a holistic approach to physical and mental well-being.
- To develop an understanding of the history, philosophy, and various branches of yoga, including Hatha, Vinyasa, and Ashtanga.
- To cultivate self-awareness and mindfulness through the practice of yoga postures (asanas) and breathing techniques (pranayama).
- To provide tools for managing stress, enhancing concentration, and improving overall mental health.
- To promote physical fitness, flexibility, and strength through regular yoga practice.
- To explore the connection between yoga and a healthy lifestyle, including nutrition and stress management.

Course Outcomes: By the end of this course, students will be able to:

- Demonstrate a basic understanding of the history and philosophy of yoga and its relevance in the modern world.
- Perform a variety of yoga asanas and pranayama techniques with proper alignment and breath control.
- Develop a regular yoga practice that promotes physical well-being and flexibility.
- Apply mindfulness and relaxation techniques learned in the course to reduce stress and enhance mental health.



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- Describe the benefits of yoga for physical fitness, stress management, and overall well-being.
- Create a personalized yoga and wellness routine to continue their practice beyond the course.

Unit 1: Foundations of Yoga (Days 1-15) :

Introduction to Yoga: History and Philosophy of Yoga - Benefits of practising Yoga - Basic Principles and ethics - Asana (Yoga Poses)

Learning and practicing foundational asanas: Proper alignment and posture - Breathing techniques (Pranayama) - Meditation and Mindfulness

Introduction to meditation: Techniques for calming the mind - Mindfulness practices - Yogic Diet and Lifestyle

Understanding a Yogic diet: Maintaining a balanced lifestyle - Importance of sleep and relaxation - Anatomy and Physiology

Basic understanding of the human body: How Yoga Affects Different Systems - Preventing injuries.

Unit 2: Intermediate Yoga Practices (Days 16-30)

Advanced Asana Practice: Progressing from basic to intermediate asanas - Holding poses and deepening stretches - Strength and flexibility training - Yoga Nidra and Deep Relaxation

Understanding Yoga Nidra: Guided sessions for deep relaxation - Stress management techniques - Pranayama and Breath Control

Advanced breathing techniques: Energy and breath control (Prana) - Breath awareness and regulation - Yogic Philosophy

Delving deeper into Yoga philosophy: The Eight Limbs of Yoga (Ashtanga Yoga) - Self-awareness and spiritual growth



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Unit 3: Specialized Yoga Practices (Days 31-45)

Yoga for Health and Wellness: Targeting specific health issues with Yoga - Customized practices for participants' needs - Therapeutic Yoga - Teaching Methodology

Learning how to lead a Yoga class: Sequencing and planning sessions - Effective communication and adjustments - Yoga for Daily Life

Integrating Yoga into daily routines: Creating a personal Yoga practice - Self-discipline and commitment



Department of Physical Education



SLN Degree College, Alamur Road, Anantapur
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Department of Physical Education


Circular

20-10-2018


All the students are informed that the Physical Education Department is conducting a course on Yoga entitled "Transform Your Life with 45 Days of Yoga Practice". In this connection, all the interested students are instructed to enroll their names with Physical Director on or before 28-10-2018 and collect the syllabus copy of the course. The said course will commence from 01-11-2018 at 8:00 AM in the Seminar Hall.


Physical Director




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A Report on "Transform Your Life with 45 Days of Yoga Practice"
01-11-2018 to 15-12-2018

The "Transform Your Life with 45 Days of Yoga Practice" course, conducted by the Physical Education Department from November 1, 2018, for a 45-day period and conducted valedictory on 15 December 2018, proved to be an inspiring journey. With 110 students and 5 faculty members in attendance, the course aimed to introduce the transformative power of yoga to enhance physical and mental well-being.

Structured for participants of all experience levels, daily sessions were conducted. These sessions included asanas, pranayama, and meditation techniques, improving physical fitness, mental clarity, and relaxation. Participants received individualized attention, ensuring a holistic experience.

Beyond physical benefits, the course emphasized mental and spiritual growth. Participants learned mindfulness, stress management, and meditation, deepening their understanding of yoga. Nutritional guidance was also offered to promote a balanced lifestyle.

The commitment and progress of participants were truly commendable. Improved fitness, reduced stress, enhanced concentration, and overall well-being were the rewards of their dedication. The closing ceremony was a moment of reflection and gratitude, with participants sharing their transformative experiences.

"Transform Your Life with 45 Days of Yoga Practice" left a lasting impact. It introduced the participants to the profound benefits of yoga, instilling a commitment to its practice. The course fostered a culture of physical and mental well-being within the institution, equipping the academic community with a valuable tool for life.




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ICT / Computing Skills for the Academic Year 2018-19



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Date: 10-11-2018

Circular

All the Final year students are here by informed that Department of Computer Science is organizing 45 days Certificate Course in computers entitled "Information and Communication Technology". In this context, all the interested students are here by instructed to enroll their Names with V Sai Krishna, Head, Department of Computer Science on or before 20-11-2018 and obtain the syllabus copy. The proposed certificate course will commence from 17-1-2019.

Head of Department
Dept. of Computer Science
SLN Degree College
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Principal
SLN Degree College
Alamur Road
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Copy to

- For Circulation among the Students
- All HoDs for information
- Respective Notice Board of the Departments
- To the file

Principal
SLN Degree College
Alamur Road
Anantapuramu





SLN DEGREE COLLEGE

Alamur Road, Anantapuramu

Affiliated to S.K. University

DEPARTMENT OF COMPUTER SCIENCE

Certificate Course Entitled “Information and Communication Technology”

Course objectives

- Understand the basic parts of computer hardware components that make up a computer and the role of each of these components.
- Understand the difference between an operating system and an application program, and what each is used for in a computer
- Use technology ethically, safely, securely and legally
- Design better pages and documents using design-thinking principles
- Create learning materials including info graphics and visual content to fortify learning objectives
- Understand how to create better documents, work sheets using MS-Office.

Course Outcomes

- Create Documents
- Create Worksheets
- Formatting Text
- Work with Cells in MS-Excel
- Create Templates
- Create special effects.
- Forming a Network
- Sending and Receiving E-mails

SYLLABUS

Unit -I :

Introduction to Computers – computer Definition – characteristics and Limitations of computer Hardware-Generations of computer, Classification of Computers, Applications of computer, Basic Components of PC, computer Architecture – Primary and Secondary Memories – Input and Output Devices – Operating System – Functions of Operating System – Types of Operating System – Languages and its Types

Unit -II :

MS Word:

Word processing- features- advantages and applications-parts of word window- Toolbar-Creating, Saving , Closing, Opening and Editing of a Document-Moving and coping a Text-Formatting of Text and Paragraph-Bullets and Numbering-Find and Replace-Insertion of Objects-Headers and Footers – page Formatting- Auto Correct- spelling and Grammar – Mail Merge- Macros

Unit-III :

Features- Spread Sheet – Workbook –Cell- parts of a window – saving, closing, opening of a Work Book – Editing – Advantages – Formulas – Types of Functions – Templates – Macros – Sorting – Charts – Filtering – Consolidation _ Grouping – Pivot table.

Unit IV

Networking concepts, Data Communication - Types of Networking, internet and its Services, Internet addressing - Internet applications - Computer virus and its types - Types of browsers

Unit V

Definition of E-mail, advantages and disadvantages User id's, Passwords, E-mail addresses, domain names, mailers, message components, message Composition, mail management, E-mail inner workings.

WJ



Signature of H.O.D.
Dept. of Computer Science
SLN Degree College
ANANTAPURAM.



SLN DEGREE COLLEGE

Alamur Road, Anantapuramu

Affiliated to S.K. University

Valedictory Report on Certificate Course Entitled "Information and Communication Technology" on 05-03-2019

The department of Computer science organized 45 days certificate course entitled "Information and Communication Technology" from 17-1-2019. For this program a total number of 100 students are registered.

The valedictory function of the above said program conducted on 5-03-2019 in seminar hall. The programme started at 09:00Am by inviting the Principal, Head, Department of Computer science on to the dais. The principal of the college, in his inaugural speech congratulated the Head and Members of Computer science department for organizing this kind of programme in the college for the benefit of students. In their speeches the Principal and Head, Department of Computer Science motivated the students to enroll themselves in this kind of programs conducted by other departments also and make them use to enhance the employable skills.

The students expressed their satisfaction towards the programme and requested the principal and management to organize number of programmes for the benefit of students and to enhance the skills for employment.

The valedictory function concluded by distributing the certificates to the students who are enrolled in the programme and the programme is ended with vote of thanks followed by singing National Anthem.

Signature of H.O.D.

Dept. of Computer Science
SLN Degree College
ANANTAPURAM



Signature of Principal
Principal
SLN Degree College
Alamur Road
Anantapuramu



Principal
SLN Degree College
Alamur Road
Anantapuramu

SLN DEGREE COLLEGE :: ANANTAPUR

(Affiliated to Sri Krishnadevaraya University, Anantapur)

Department of Computer science

List of Students Enrolled for the 45 Days Certificate Course On "Information and communication Technology" held from 17-1-2018.

S.NO	Admission No	Name of the Student	Year	semes ter	Group	Signature
1	481	BUDDANNA GARI GNAPTHI	I Year	I	BCOM (CA)	B.G. Gnaptli
2	768	CHAKALI SILPA	I Year	I	BCOM (CA)	C. Silpa
3	848	GUNTHAPALLI JANAKESWARI	I Year	I	BCOM (CA)	G. Janakeswari
4	482	JAKKINENI POOJITHA	I Year	I	BCOM (CA)	J. poojitha
5	489	JANGAM MAHESWARI	I Year	I	BCOM (CA)	J. Maheswari
6	511	KATLA RENUKA	I Year	I	BCOM (CA)	K. Renuka
7	506	KAVALI SUSMITHA	I Year	I	BCOM (CA)	K. Susmitha
8	484	MADDINENI ANITHA	I Year	I	BCOM (CA)	M. Anitha
9	500	PUJARI SUMALATHA	I Year	I	BCOM (CA)	P. Sumalatha
10	496	RALLACHENI SRAVANA SANDYA	I Year	I	BCOM (CA)	R. Sravana Sandya
11	492	AVANIGONDA SWATHI	I Year	I	BCOM (CA)	A. Swathi
12	478	AVILIGONDA PRAVALLIKA	I Year	I	BCOM (CA)	A. Pravallika
13	459	JOLIREDDY NANDINI	I Year	I	BCOM (CA)	J. nandini
14	802	KALLE ASWANI	I Year	I	BCOM (CA)	K. Aswani
15	509	KAPPAKONDAPPAGARI SIREESHA	I Year	I	BCOM (CA)	K. Sireesha
16	510	KUMMARI SREELEKHA	I Year	I	BCOM (CA)	K. Sreelekha
17	491	KURUBA MANASA	I Year	I	BSC (BTMC)	K. manasa
18	721	KURUBA VANI	I Year	I	BSC (BTMC)	K. Vani
19	513	DASARI MANEESHA	I Year	I	BSC (BTMC)	D. maneesha

20	70	BHAJENTRI SWETHA	II Year	III	BSC (MPCS)	B. Swetha
21	72	BHEEMSETTI RAJESWARI	II Year	III	BSC (MPCS)	B. Rajeswari
22	20	BINDELA SWATHI	II Year	III	BSC (MPCS)	B. swathi
23	71	BOMMAKKA SHIREESHA	II Year	III	BSC (MPCS)	B. Shirresha
24	11	CHADUVULA MADHAVILATHA	II Year	III	BSC (MPCS)	C. madhavilatha
25	69	CHIGARABANKULA GAYATHRI	II Year	III	BSC (MPCS)	C. Gayathri
26	13	DASARI MAMATHA	II Year	III	BSC (MPCS)	D. mamatha
27	9	DASARI RAMANJINEYULU GARI GOWTHAMI	II Year	III	BSC (MPCS)	D. Gowthami
28	106	DUDDUKUNTA KALPANA	II Year	III	BSC (MPCS)	D. Kalpana
29	7	GODUGU KHAJABI	II Year	III	BSC (MPCS)	G. khajabi
30	5	GOLLA HARITHA	II Year	III	BSC (MPCS)	G. Haritha
31	103	GOLLA MOUNIKA	II Year	III	BSC (MPCS)	G. Mounika
32	21	JEDAGAPPAGARI SAILAJA	II Year	III	BSC (MPCS)	J. Sailaja
33	23	KANNUTHALA SHERISHA	II Year	III	BSC (MPCS)	K. Sherisha
34	4	KRISHTAPATI DEVIKA	II Year	III	BSC (MPCS)	K. Devika
35	22	KUNTI MUKKALA SANDHYA	II Year	III	BSC (MPCS)	K. Sandhya
36	28	KATLAGANTI BHARGAVI	II Year	III	BSC (MPCS)	K. Bhargavi
37	96	KAVALI SRAVANI	II Year	III	BSC (MPCS)	K. Sravani
38	38	KONDABOINA POORNIMA	II Year	III	BSC (MPCS)	K. Poornima
39	94	KOTHAPALLI JABEENA	II Year	III	BSC (MPCS)	K. jabeena
40	101	KURUBA HANUMANTHAPPA GARI REKHA	II Year	III	BSC (MPCS)	K. Rekha
41	34	KURUBA KAVITHA	II Year	III	BSC (MPCS)	K. kavitha
42	30	MAADALA CHARITHA	II Year	III	BSC (MPCS)	M. charitha
43	39	MALISSETTI RAJANI	II Year	III	BSC (MPCS)	M. Rajani

44	91	MALLESHWARI JALLA	II Year	III	BSC (MPCS)	M. Jalla
45	68	MARIDI TRIVENI	II Year	III	BSC (MPCS)	M. Triveni
46	89	MAYAKUNTLA ANJALIDEVI	II Year	III	BSC (MPCS)	M. Anjalidevi
47	594	AGUVINDLA PRIYANKA	I Year	I	BSC (BTMC)	A. Priyanka
48	586	ALAKUNTA NANDINI	I Year	I	BSC (BTMC)	A. Nandini
49	800	ANKE RAMYA	I Year	I	BSC (BTMC)	A. Ramya
50	761	BOYA TEJASWINI	I Year	I	BSC (BTMC)	B. Tejaswini
51	846	BOYAGANGAPPAGARI SIREESHA	I Year	I	BSC (BTMC)	B. Sireesha
52	583	BOYARAMANJINEYULUGAR I BHARGAVI	I Year	I	BSC (BTMC)	B. Bhargavi
53	827	CHILLA ANITHA	I Year	I	BSC (BTMC)	C. Anitha
54	582	GIRI SRAVANI	I Year	I	BSC (BTMC)	G. Sravani
55	576	JALIPENTA SRAVANI	I Year	I	BSC (BTMC)	J. Sravani
56	581	KUDETI AKHILA	I Year	I	BSC (BTMC)	K. Akhila
57	765	KURUBA ANUSHA	I Year	I	BSC (BTMC)	K. Anusha
58	837	MANNALA ANUSHA	I Year	I	BSC (BTMC)	M. Anusha
59	589	PURROLLA LALITHA	I Year	I	BSC (BTMC)	P. Lalitha
60	759	AKULETI APARNA	I Year	I	BSC (BTMC)	A. Aparna
61	760	AKULETI NANDINI	I Year	I	BSC (BTMC)	A. Nandini
62	598	DUDEKULA SHABEENA	I Year	I	BSC (BTMC)	D. Shabeena
63	579	GODUGU MASTANBEE	I Year	I	BSC (BTMC)	G. Mastanbee
64	603	GUDURU MADHAVI	I Year	I	BSC (BTMC)	G. Madhavi
65	758	GULIME ASWANI	I Year	I	BSC (BTMC)	G. Aswani
66	602	LINGANNA GARI CHAITANYA	I Year	I	BSC (BTMC)	L. Gari Chaitanya
67	591	NANABALA SAI JYOTHI	I Year	I	BSC (BTMC)	N. Sai jyothi
68	585	RAMAPURAM EDIGA	I Year	I	BSC	E. Ediga

		DEEPTHI			(BTMC)	DEEPTHI
69	575	BONALA GEETHA RANI	I Year	I	BSC (BTMC)	E. PADMAVATHI
70	573	ERANNA GARI PADMAVATHI	I Year	I	BSC (BTMC)	E. Padmavathi
71	599	GOLLA NANDINI	I Year	I	BSC (BTMC)	G. NANDINI
72	595	GOLLA SIREESHA	I Year	I	BSC (BTMC)	G. SIREESHA
73	601	LALOLLA VANI	I Year	I	BSC (BTMC)	L. Vani
74	600	YADAVA JAVAJI ASWINI	I Year	I	BSC (BTMC)	Y. ASWINI
75	592	NAGARCHI CHANDINI	I Year	I	BSC (BTMC)	Y. aswini
76	785	SHAIK MOHABEENA	I Year	I	BSC (BTMC)	S. Mohabeena
77	593	BANGARU PRIYANKA	I Year	I	BSC (BTMC)	B. priyanka
78	763	BILLA SWARNA	I Year	I	BSC (BTMC)	B. Swarna
79	587	BOJJIREDDY ASHWINI	I Year	I	BSC (BTMC)	B. Aswini
80	578	KOPPULA VENKATA SIVA SHANTHI	I Year	I	BSC (BTMC)	K. shANTHI
81	590	METI RUPA	I Year	I	BSC (BTMC)	M. Rupa
82	799	PAYASAM PRIYANKA	I Year	I	BSC (BTMC)	P. Priyanka
83	764	SADHINENI JYOTHI	I Year	I	BSC (BTMC)	S. Jyothi
84	801	SHAYMPURAM MADHAVI	I Year	I	BSC (BTMC)	S. madhavi
85	584	VALIPIREDDY SRI LAKSHMI	I Year	I	BSC (BTMC)	V. LASHMI
86	580	BADRI VANDANA	I Year	I	BSC (BTMC)	B. vandana
87	577	KADLAPUDI JAYA LAKSHMI	I Year	I	BSC (BTMC)	M. THIRIVENI
88	597	MADDAPPAGARI THRIVENI	I Year	I	BSC (BTMC)	M. Thiriveni
89	596	MIDDE HEMAVATHI	I Year	I	BSC (BTMC)	M. Hemavathi
90	786	DEVARAKONDA MOUNIKA	I Year	I	BSC (BTMC)	A. pushpanjali
91	287	AMSI PUSHPANJALI	II Year	III	BSC (BTMC)	A. pushpanjali
92	299	BATHALA VEERA KUMARI	II Year	III	BSC (BTMC)	B. kumari

93	294	BESTHA SRUTHI	IIYear	III	BSC (BTMC)	B. Sruthi
94	291	CHAKALI SREE LAKSHMI	II Year	III	BSC (BTMC)	C. Sree Lakshmi
95	263	KUNCHAPU AMANI	IIYear	III	BSC (BTMC)	K. Amani
96	296	MERUGU SRAVANI	II Year	III	BSC (BTMC)	M. Sravani
97	290	TALARI SREELATHA	IIYear	III	BSC (BTMC)	T. Sreelatha
98	300	THALARI VIJAYALAKSHMI	IIYear	III	BSC (BTMC)	T. Vijayalakshmi
99	456	VADDE SWATHI	IIYear	III	BSC (BTMC)	V. Swathi
100	286	ANGADI PAVITHRA	IIYear	III	BSC (BTMC)	A. Pavithra

Signature of H.O.D.

Principal



Signature of

Principal
SLN Degree College
Alamur Road,
Anantapuram

Capacity Building and Skills Enhancement Initiatives
Conducted by Career Counselling and Competitive Examinations Cell
for the Academic Year 2019-20

Soft Skills for the Academic Year 2019-20



SLN DEGREE COLLEGE

Alamur Road, Anantapuramu

Affiliated to S.K. University

Competitive Examinations and Career Counselling Cell

Circular

Date: 20/9/2019

All the UG students are hereby informed that the Competitive Examinations and Career Counselling Cell is going to organize a 45 days programme on Soft Skills entitled "Soft Skills for Success" in association with Department of English of our college. Interested students are instructed to enrol in the programme with V Chandra Mouli, Head Department of English and obtain the syllabus on or before 25/9/2019. The Programme will commence from 01/10/2019

A.ull
Convener

Competitive Examinations and
Principal
Career Counselling Cell

Copy to
All Notice Boards
For Circulation to Students

V. Chandra Mouli

Head
Department of

English

Principal
SLN Degree College
Alamur Road
Anantapuramu

HJ

Principal
SLN Degree College
Alamur Road
Anantapuramu



HJ
Principal
SLN Degree College
Alamur Road
Anantapuramu



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Competitive Examinations and Career Counselling Cell Syllabus for "Soft skills for Success"

Objective

The programme Soft skills for Success is uniquely designed to enable the students with thorough understanding of the fundamental soft skills and of their practical social and workplace usage. This programme helps the students to communicate effectively and to carry themselves confidently and in harmony with the surroundings. The students can also learn how to identify and overcome the barriers in interpersonal relationships, and to employ oral and written communication, teamwork, leadership, problem-solving and decision-making skills, to gain best results.

Learning Outcomes

At the end of this programme entitled "Soft Skills for Success" the students can able to:

- Making the Students to Understand the significance and essence of a wide range of soft skills.
- Enabling the students to learn how to apply soft skills in a wide range of routine social and professional settings.
- Making to understand and learn how to employ soft skills to improve interpersonal relationships.
- Learn how to employ soft skills to enhance employability and ensure workplace and career success.

Duration of the Programme: 45 Days

Unit -1

Soft Skills: An Introduction – Definition and Significance of Soft Skills; Process, Importance and Measurement of Soft Skill Development.

Self-Discovery: Discovering the Self; Setting Goals; Beliefs, Values, Attitude, Virtue.

Positivity and Motivation: Developing Positive Thinking and Attitude; Driving out Negativity; Meaning and Theories of Motivation; Enhancing Motivation Levels.

Unit -2

Interpersonal Communication: Interpersonal relations; communication models, process and barriers; team communication; developing interpersonal relationships through effective communication; listening skills; essential formal writing skills.

Public Speaking: Skills, Methods, Strategies and Essential tips for effective public speaking.

Group Discussion: Importance, Planning, Elements, Skills assessed; Effectively disagreeing, Initiating, Summarizing and Attaining the Objective.

Non-Verbal Communication: Importance and Elements; Body Language.

Teamwork and Leadership Skills: Concept of Teams; Building effective teams; Concept of Leadership and honing Leadership skills.

Unit -3

Interview Skills: Interviewer and Interviewee – in-depth perspectives. Before, During and After the Interview. Tips for Success.

Presentation Skills: Types, Content, Audience Analysis, Essential Tips – Before, During and After, Overcoming Nervousness. 3. Etiquette and Manners – Social and Business.

Time Management – Concept, Essentials, Tips.

Personality Development – Meaning, Nature, Features, Stages, Models; Learning Skills; Adaptability Skills.



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Unit -4

Decision-Making and Problem-Solving Skills: Meaning, Types and Models, Group and Ethical Decision-Making, Problems and Dilemmas in application of these skills.


Conflict Management: Conflict - Definition, Nature, Types and Causes; Methods of Conflict Resolution.

Stress Management: Stress - Definition, Nature, Types, Symptoms and Causes; Stress Analysis Models and 8 Impacts of Stress; Measurement and Management of Stress

Unit -5

Leadership and Assertiveness Skills: A Good Leader; Leaders and Managers; Leadership Theories; Types of Leaders; Leadership Behaviour; Assertiveness Skills.

Emotional Intelligence: Meaning, History, Features, Components, Intrapersonal and Management Excellence; Strategies to enhance Emotional Intelligence.


Head Department of English
Dept. of English
SLN Degree College
ANANTAPURAM



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Competitive Examinations and Career Counselling Cell

Valedictory Report of "Soft Skills for Success" on 16/11/2019

Soft skills refer to both character traits and interpersonal skills that will influence how well a person can work or interact with others. The term soft skills cover a wide range of skills as diverse as teamwork, time management, empathy and delegation. The importance of these soft skills is often undervalued, and there is far less training provided for them than hard skills such as coding. Organizations seem to expect people know how to behave on the job and the importance of skills such as taking initiative, communicating effectively and listening, which often is not the case.

The SDGS College identified the importance of soft skills and organised a 45 days programme entitled "Soft Skills for Success" under the Competitive Examinations and Career Counselling Cell in cooperation with Department of English. For this programme 97 students were enrolled.

The Valedictory function of the programme was started at 3:00 Pm on 16/11/2019 by inviting the Principal, Programme Convener and the Head Department of English on to the Dias. The Principal of the College in his inaugural speech congratulated the Convener of the Programme and

English Department for organising this kind of programme in the college for the benefit of students. In his speech the principal explained the importance of Soft Skills for securing jobs after the graduation. The Convener of the Programme has given an inspiring speech regarding Importance of Soft Skills. The Head Department of English has assured their cooperation for conducting these kinds of programs for the benefit of the students. The Students who enrolled in this programme has expressed their satisfaction towards the programme and requested the principal to organise more number of programmes.

The Valedictory function is ended by distributing the certificates to the students who are enrolled in the Programme and the programme is concluded by the IQAC Coordinator with Vote of Thanks and followed by National Anthem.

V. Chandrasekhar
Dept. of English
SLN Degree College
ANANTAPURAM



WJ
Principal
SLN Degree College
Alamur Road
Anantapuramu



WJ
Principal
SLN Degree College
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Anantapuramu

2019-2020



SLN DEGREE COLLEGE

Alamur Road, Anantapuramu

Affiliated to S.K. University

Competitive Examinations and Career Counselling Cell Soft Skills for Success

List of Students Enrolled and signatures

S.NO	ADMISSION NO	NAME OF THE STUDENT	GENDER	YEAR	SEMESTER	GROUP	SIGNATURE
1	1088	ARVETI ANJALI	FEMALE	I	SEMESTER	BCOM (CA)	A. Anjali
2	1089	BADIGE RAJASREE	FEMALE	I	SEMESTER	BCOM (CA)	B. Rajasree
3	1098	BOYA CHANDRIKA	FEMALE	I	SEMESTER	BCOM (CA)	B. Chandrika
4	1269	CHINNAKOTLA RAMANAMMA	FEMALE	I	SEMESTER	BCOM (CA)	C. Ramanamma
5	1078	CINIMADULA RADHIKA	FEMALE	I	SEMESTER	BCOM (CA)	C. Radhika
6	993	DAMPETLA BHAVANI	FEMALE	I	SEMESTER	BCOM (CA)	D. Bhavani
7	1326	DODDE ANUSHA	FEMALE	I	SEMESTER	BCOM (CA)	D. Anusha
8	1329	EERABBI RAYAMMA	FEMALE	I	SEMESTER	BCOM (CA)	E. Rayamma
9	1149	GANTAVARIPALLI GOWTHAMI	FEMALE	I	SEMESTER	BCOM (CA)	G. Gowthami
10	992	GORLA MANEESHA	FEMALE	I	SEMESTER	BCOM (CA)	G. maneesha
11	976	GUNDIGALA SRAVANI	FEMALE	I	SEMESTER	BCOM (CA)	G. Sravani
12	1063	KADAVAKALLU SHIREESHA	FEMALE	I	SEMESTER	BCOM (CA)	K. Shireesha
13	1199	KADAVAKALLU UMA DEVI	FEMALE	I	SEMESTER	BCOM (CA)	K. Uma Devi
14	1158	KADIRAPPAGARI SHILPA	FEMALE	I	SEMESTER	BCOM (CA)	K. Shilpa
15	1157	KOGARA MOUNIKA	FEMALE	I	I	BCOM	K. mounika

2019-2020

					SEMESTER	(CA)	
16	1085	KOTNURU JAYASREE	FEMALE	I	SEMESTER	BCOM (CA)	K. Jayasree
17	803	ADI ANDHRA HARITHA	FEMALE	II	SEMESTER	BCOM (CA)	A. Haritha
18	722	APPALAREDDY JANAKI	FEMALE	II	SEMESTER	BCOM (CA)	A. Janaki
19	501	ARAPANA ANITHA	FEMALE	II	SEMESTER	BCOM (CA)	A. Anitha
20	492	AVANIGONDA SWATHI	FEMALE	II	SEMESTER	BCOM (CA)	A. Swathi
21	478	AVILIGONDA PRAVALLIKA	FEMALE	II	SEMESTER	BCOM (CA)	A. Pravallika
22	463	BADIGE ANUSHA	FEMALE	II	SEMESTER	BCOM (CA)	B. Anusha
23	466	BOPELLA LAKSHMI	FEMALE	II	SEMESTER	BCOM (CA)	B. Lakshmi
24	804	BORRA ESWARAMMA	FEMALE	II	SEMESTER	BCOM (CA)	B. Eswaramma
25	481	BUDDANNA GARI GNAPTHI	FEMALE	II	SEMESTER	BCOM (CA)	B. Gnauthi
26	475	EDIGA MAMATHA	FEMALE	II	SEMESTER	BCOM (CA)	E. mamatha
27	480	GOLLA KALAVATHI	FEMALE	II	SEMESTER	BCOM (CA)	G. kalavathi
28	476	GOLLA MAHITHA	FEMALE	II	SEMESTER	BCOM (CA)	G. mahitha
29	477	GUMMADI ASWINI	FEMALE	II	SEMESTER	BCOM (CA)	G. Aswini
30	313	ALAKUNTA DHANALAKSHMI	FEMALE	III	SEMESTER	BCOM (CA)	A. Dhanalaks
31	434	BESTA NAVYA	FEMALE	III	SEMESTER	BCOM (CA)	B. navya
32	319	BHOOME HARITHA	FEMALE	III	SEMESTER	BCOM (CA)	B. Haritha
33	415	BOYA ASWANI	FEMALE	III	SEMESTER	BCOM (CA)	B. Aswini
34	446	BOYA HANUMANTHAPPA GARI SUJATHA	FEMALE	III	SEMESTER	BCOM (CA)	B. Sujatha
35	352	BOYA RAJESWARI	FEMALE	III	SEMESTER	BCOM (CA)	B. Rajeswari
36	369	BOYA SRAVANI	FEMALE	III	SEMESTER	BCOM (CA)	B. Sravani
37	357	BOYA SRUJANA	FEMALE	III	SEMESTER	BCOM (CA)	B. Srujana
38	337	CHAKALI MANICHANDANA	FEMALE	III	SEMESTER	BCOM (CA)	C. manichandana

2019-2020

39	377	CHAKALI SIREESHA	FEMALE	III	I SEMESTER	BCOM (CA)	C. Sireesha
40	925	APPAYYAGARI SWAPNA	FEMALE	I	I SEMESTER	BSC (BTMC)	A. Swapna
41	1031	JANGAMA RANJITHA	FEMALE	I	I SEMESTER	BSC (BTMC)	J. Ranjitha
42	1311	JELLA SIREESHA	FEMALE	I	I SEMESTER	BSC (BTMC)	J. Sireesha
43	932	PINDIPASALA LAKSHMI	FEMALE	I	I SEMESTER	BSC (BTMC)	P. Lakshmi
44	1275	TALARI ANUSHA	FEMALE	I	I SEMESTER	BSC (BTMC)	T. Anusha
45	926	TALARI KRISHNAVENI	FEMALE	I	I SEMESTER	BSC (BTMC)	T. Krishnaveni
46	1276	TALARI SREELATHA	FEMALE	I	I SEMESTER	BSC (BTMC)	T. Sreelatha
47	594	AGUVINDLA PRIYANKA	FEMALE	II	I SEMESTER	BSC (BTMC)	A. Priyanka
48	586	ALAKUNTA NANDINI	FEMALE	II	I SEMESTER	BSC (BTMC)	A. Nandini
49	800	ANKE RAMYA	FEMALE	II	I SEMESTER	BSC (BTMC)	A. Ramya
50	582	GIRI SRAVANI	FEMALE	II	I SEMESTER	BSC (BTMC)	G. Sravani
51	576	JALIPENTA SRAVANI	FEMALE	II	I SEMESTER	BSC (BTMC)	J. Sravani
52	581	KUDETI AKHILA	FEMALE	II	I SEMESTER	BSC (BTMC)	K. Akhila
53	263	KUNCHAPU AMANI	FEMALE	III	I SEMESTER	BSC (BTMC)	K. Amani
54	296	MERUGU SRAVANI	FEMALE	III	I SEMESTER	BSC (BTMC)	M. Sravani
55	290	TALARI SREELATHA	FEMALE	III	I SEMESTER	BSC (BTMC)	T. Sreelatha
56	300	THALARI VIJAYALAKSHMI	FEMALE	III	I SEMESTER	BSC (BTMC)	T. Vijayalakshmi
57	456	VADDE SWATHI	FEMALE	III	I SEMESTER	BSC (BTMC)	V. Swathi
58	286	ANGADI PAVITHRA	FEMALE	III	I SEMESTER	BSC (BTMC)	A. Pavithra
59	1136	BAPURAM MADHU LATHA	FEMALE	I	I SEMESTER	BSC (BZC)	B. Madhulatha
60	1036	BOYA ASWANI	FEMALE	I	I SEMESTER	BSC (BZC)	B. Aswini
61	1265	BOYA VANITHA	FEMALE	I	I SEMESTER	BSC (BZC)	B. Vanitha
62	1137	CHAKALI MEGHANA	FEMALE	I	I SEMESTER	BSC (BZC)	C. Meghana

2019-2020

					SEMESTER		
63	1043	CHAKALI REKHA	FEMALE	I	I SEMESTER	BSC (BZC)	C. Rekha
64	949	JANGAMA CHANDANA	FEMALE	I	I SEMESTER	BSC (BZC)	J. Chandana
65	1052	KENCHIGAPPAGARI MANJUBHARGAVI	FEMALE	I	I SEMESTER	BSC (BZC)	K. Bhargavi
66	1039	KOTAKONDA AKHILA	FEMALE	I	I SEMESTER	BSC (BZC)	K. Akhila
67	1046	KOTTAPALLI KAVYA	FEMALE	I	I SEMESTER	BSC (BZC)	K. Kavya
68	936	ONTIKONDA ARCHITHA	FEMALE	I	I SEMESTER	BSC (BZC)	O. Architha
69	756	AMMALLADINNE USHARANI	FEMALE	II	I SEMESTER	BSC (MECS)	A. Usharani
70	613	BANDIGARI SWARUPA	FEMALE	II	I SEMESTER	BSC (MECS)	B. Swarupa
71	643	BASETTI DIVYA SREE	FEMALE	II	I SEMESTER	BSC (MECS)	B. Divyashree
72	783	CHAKALI HARATHI	FEMALE	II	I SEMESTER	BSC (MECS)	C. Harathi
73	604	DALI INDU	FEMALE	II	I SEMESTER	BSC (MECS)	D. Indu
74	620	KYATHIGANI SHASHIKALA	FEMALE	II	I SEMESTER	BSC (MECS)	K. Shashikala
75	798	MEENIGI SRUJANA	FEMALE	II	I SEMESTER	BSC (MECS)	M. Srujana
76	646	PENUKONDA ASWINI	FEMALE	II	I SEMESTER	BSC (MECS)	P. Aswini
77	645	TALARI BHAVANI	FEMALE	II	I SEMESTER	BSC (MECS)	T. Bhavani
78	638	TALARI JYOTHSNA PRIYA	FEMALE	II	I SEMESTER	BSC (MECS)	T. Jyothsna
79	224	KUNTALA HARITHA	FEMALE	III	I SEMESTER	BSC (MECS)	K. Haritha
80	233	KURUBA CHENNAMPALLI MEENA	FEMALE	III	I SEMESTER	BSC (MECS)	K. Meena
81	216	MAREMPALLI AISHWARYA	FEMALE	III	I SEMESTER	BSC (MECS)	M. Aishwarya
82	1133	BOYA LAKSHMI	FEMALE	I	I SEMESTER	BSC (MPCS)	B. Lakshmi
83	1240	CHAKALI RAJANI	FEMALE	I	I SEMESTER	BSC (MPCS)	C. Rajani
84	1246	CHILLA MAHALAKSHMI	FEMALE	I	I SEMESTER	BSC (MPCS)	C. Mahalakshmi
85	1207	CHITRACHEDU SRAVANI	FEMALE	I	I SEMESTER	BSC (MPCS)	C. Sravani

2019-2020

86	1135	DAILE VANITHA VANI	FEMALE	I	SEMESTER	BSC (MPCS)	D. Vani
87	1215	EGUDURU SUPRAJA	FEMALE	I	SEMESTER	BSC (MPCS)	E. Supraja
88	1268	EKHILA SHIREESHA	FEMALE	I	SEMESTER	BSC (MPCS)	E. Shireesha
89	1143	GANDIKOTA CHANDANA	FEMALE	I	SEMESTER	BSC (MPCS)	G. Chandana
90	915	VADDE BHARGAVI	FEMALE	I	SEMESTER	BSC (MSCS)	V. Bhargavi
91	1181	BALAGONDA RENUKA	FEMALE	I	SEMESTER	BSC (MSCS)	B. Renuka
92	909	BALAPANURU SWAPNA	FEMALE	I	SEMESTER	BSC (MSCS)	B. Swapna
93	1023	BANDI SREE LATHA	FEMALE	I	SEMESTER	BSC (MSCS)	B. Sree Latha
94	903	BILLE KAVITHA	FEMALE	I	SEMESTER	BSC (MSCS)	B. Kavitha
95	1171	BOLE NANDA KUMARI	FEMALE	I	SEMESTER	BSC (MSCS)	B. Nandakumari
96	908	BUTRA PRAVESIKA	FEMALE	I	SEMESTER	BSC (MSCS)	B. Pravesika
97	1167	CHAGALETI HARITHA	FEMALE	I	SEMESTER	BSC (MSCS)	C. Haritha

V. Chandana
 Dept. of English
 SLN Degree College
 ANANTAPURAM



HJ
 Principal
 SLN Degree College
 Alampur Road,
 Anantapuram.



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 Anantapuram.

Language and Communication Skills for the Academic Year 2019-20

Career Counselling and Competitive Examinations Cell
45 days Capacity and Skill Enhancement Course

"The Art of Written and Verbal Communication in English"

Course Objectives: The following are course objectives

- To develop students' written and verbal communication skills in English.
- To teach students the principles of effective communication, including clarity, conciseness, correctness, completeness, courtesy, consideration, and concreteness.
- To help students develop their critical thinking and problem-solving skills through communication.
- To prepare students for communication success in academic and professional settings.

Course Outcomes: Upon completion of this course, students will be able to:

- Write and speak clearly, concisely, correctly, completely, courteously, considerately, and concretely.
- Analyze and evaluate their own communication and the communication of others.
- Adapt their communication style to different audiences and purposes.
- Use communication effectively to achieve their goals in academic and professional settings.

Course Syllabus:

Unit 1: Introduction to Communication: What is communication? - The communication process - The elements of effective communication - Verbal and nonverbal communication - Cultural communication.

Unit 2: Written Communication: The writing process - Types of written communication - Writing for different Purposes - Writing style and grammar - Editing and proofreading.



Unit 3: Verbal Communication: The public speaking process - Types of public speaking - Delivering effective presentations - Active listening - Communicating in small groups.

Unit 4: Communication in the Workplace: Business writing - Email communication - Professional presentations - Interview skills - Networking skills.



V. Chandu
Head Department of English



[Signature]
Principal
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Alamur Road,
Anantapuram.

A Report Course Entitled "Mastery of Written and Verbal English Communication." Organised by The Competitive Examinations and Career Counselling Cell in collaboration with the English Department from 16-08-2019 to 23-10-2019

Total Participants: 182

The Valedictory ceremony celebrating the course titled "Mastery of Written and Verbal English Communication," organized jointly by the Competitive Examinations and Career Counselling Cell and the English department at SLN Degree College, took place from 16-08-2019 to 23-10-2019 and was attended by a total of 182 students. This ceremony serves as a testament to the program's achievements, with attendees expressing their satisfaction regarding the course.

During the Valedictory gathering, the College Principal extended his appreciation to the Program Convener and the English Department for initiating this valuable educational endeavor, designed to benefit the students. In his address, the principal underscored the pivotal role that proficient written and spoken communication skills play in the 21st century, especially with respect to career prospects post-graduation.

The Program Convener delivered an inspiring speech that emphasized the significance of mastering written and verbal English communication. He expounded on how these skills are essential for success across diverse life spheres, from personal relationships to professional pursuits. He also highlighted the program's advantages and its positive impact on the students' communication capabilities. The Head of the English Department confirmed their unwavering support for conducting similar programs, while also commending the students for their active engagement in the initiative.

The enrolled students conveyed their contentment with the program, recognizing its significant contribution to the enhancement of their written and verbal communication skills. They requested the principal to organize more programs of this nature, citing the marked improvements they experienced in their communication abilities.

The Valedictory ceremony was brought to a close with the distribution of certificates to the participating students. The event concluded with a Vote of Thanks delivered by the IQAC Coordinator, followed by the rendition of the National Anthem.




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SLN Degree College
Anantapur Road
Anantapuram


Principal
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Anantapur Road,
Anantapuram

Life Skills for the Academic Year 2019-20

SLN Degree College, Alamur Road, Anantapur
(Affiliated to Sri Krishnadevaraya University, Anantapur)

Department of Physical Education


Circular

01-11-2019

"All students are hereby notified that the Physical Education Department will be offering a course titled 'Enhance Your Life with 45 Days of Yoga Practice.' For those interested, please ensure you register with the Physical Director and obtain a course syllabus copy by the 10th of November 2019. The course is scheduled to begin on the 15th of November 2019 at 8:00 AM in the Seminar Hall."

Physical Director




Principal
Principal
SLN Degree College
Alamur Road,
Anantapuram.


Principal
SLN Degree College
Alamur Road,
Anantapuram.

Department of Physical Education
Transform Your Life with 45 Days of Yoga Practice

This course is designed to provide students with a comprehensive understanding of yoga, its history, philosophy, and practical applications. Through a combination of theory and practice, students will explore various aspects of yoga, including postures, breathing techniques, meditation, and the philosophy behind this ancient practice.

Course Objectives:

- To introduce college students to the principles and practices of yoga as a holistic approach to physical and mental well-being.
- To develop an understanding of the history, philosophy, and various branches of yoga, including Hatha, Vinyasa, and Ashtanga.
- To cultivate self-awareness and mindfulness through the practice of yoga postures (asanas) and breathing techniques (pranayama).
- To provide tools for managing stress, enhancing concentration, and improving overall mental health.
- To promote physical fitness, flexibility, and strength through regular yoga practice.
- To explore the connection between yoga and a healthy lifestyle, including nutrition and stress management.

Course Outcomes: By the end of this course, students will be able to:

- Demonstrate a basic understanding of the history and philosophy of yoga and its relevance in the modern world.
- Perform a variety of yoga asanas and pranayama techniques with proper alignment and breath control.
- Develop a regular yoga practice that promotes physical well-being and flexibility.
- Apply mindfulness and relaxation techniques learned in the course to reduce stress and enhance mental health.



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- Describe the benefits of yoga for physical fitness, stress management, and overall well-being.
- Create a personalized yoga and wellness routine to continue their practice beyond the course.

Unit 1: Foundations of Yoga (Days 1-15) :

Introduction to Yoga: History and Philosophy of Yoga - Benefits of practising Yoga - Basic Principles and ethics - Asana (Yoga Poses)

Learning and practicing foundational asanas: Proper alignment and posture - Breathing techniques (Pranayama) - Meditation and Mindfulness

Introduction to meditation: Techniques for calming the mind - Mindfulness practices - Yogic Diet and Lifestyle

Understanding a Yogic diet: Maintaining a balanced lifestyle - Importance of sleep and relaxation - Anatomy and Physiology

Basic understanding of the human body: How Yoga Affects Different Systems - Preventing injuries.

Unit 2: Intermediate Yoga Practices (Days 16-30)

Advanced Asana Practice: Progressing from basic to intermediate asanas - Holding poses and deepening stretches - Strength and flexibility training - Yoga Nidra and Deep Relaxation

Understanding Yoga Nidra: Guided sessions for deep relaxation - Stress management techniques - Pranayama and Breath Control

Advanced breathing techniques: Energy and breath control (Prana) - Breath awareness and regulation - Yogic Philosophy

Delving deeper into Yoga philosophy: The Eight Limbs of Yoga (Ashtanga Yoga) - Self-awareness and spiritual growth



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Unit 3: Specialized Yoga Practices (Days 31-45)

Yoga for Health and Wellness: Targeting specific health issues with Yoga - Customized practices for participants' needs - Therapeutic Yoga - Teaching Methodology

Learning how to lead a Yoga class: Sequencing and planning sessions - Effective communication and adjustments - Yoga for Daily Life

Integrating Yoga into daily routines: Creating a personal Yoga practice - Self-discipline and commitment



Department of Physical Education



SLN Degree College, Alamur Road, Anantapur
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A Report on "Transform Your Life with 45 Days of Yoga Practice"
15-11-2018 to 01-01-2019

"The "Transform Your Life with 45 Days of Yoga Practice" program, organized by the Physical Education Department from November 15, 2018, to January 1, 2019, was a truly inspiring journey. With the participation of 116 students and 3 faculty members, the program aimed to introduce the transformative potential of yoga for improving both physical and mental well-being.

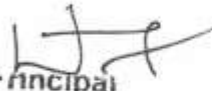
Designed to accommodate participants of all experience levels, the program featured daily sessions that included yoga poses, breathing exercises, and meditation techniques. These sessions enhanced physical fitness, mental clarity, and relaxation, and participants received personalized attention for a holistic experience.


Beyond the physical benefits, the program placed a strong emphasis on mental and spiritual growth. Participants learned mindfulness, stress management, and meditation, deepening their understanding of yoga. Nutritional guidance was also provided to encourage a balanced lifestyle.

The commitment and progress shown by the participants were truly commendable, resulting in improved fitness, reduced stress, enhanced concentration, and an overall sense of well-being. The closing ceremony provided a moment for participants to reflect on and express gratitude for their transformative experiences.

"Transform Your Life with 45 Days of Yoga Practice" had a lasting impact, introducing participants to the profound benefits of yoga and instilling a commitment to its practice. This program fostered a culture of physical and mental well-being within the institution, equipping the academic community with a valuable lifelong tool."




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Anantapuram.

ICT / Computing Skills for the Academic Year 2019-20



SLN DEGREE COLLEGE

Alamur Road, Anantapuramu

Affiliated to S.K. University

Date: 5-11-2019

Circular

All the Final year students are here by informed that Department of Computer Science is organizing 45 days Certificate Course in computers entitled "Information and Communication Technology". In this context, all the interested students are here by instructed to enroll their Names with V Sai Krishna, Head, Department of Computer Science on or before 20-11-2019 and obtain the syllabus copy. The proposed certificate course will commence from 6-12-2019.

Head of Department

Dept. of Computer Science
SLN Degree College
ANANTAPURAM
Copy to

- For Circulation among the Students
- All HoDs for information
- Respective Notice Board of the Departments
- To the file

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Anantapuramu

Principal
SLN Degree College
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SLN DEGREE COLLEGE

Alamur Road, Anantapuramu

Affiliated to S.K. University

DEPARTMENT OF COMPUTER SCIENCE

Certificate Course Entitled "Information and Communication Technology"

Course objectives

- Understand the basic parts of computer hardware components that make up a computer and the role of each of these components.
- Understand the difference between an operating system and an application program, and what each is used for in a computer
- Use technology ethically, safely, securely and legally
- Design better pages and documents using design-thinking principles
- Create learning materials including info graphics and visual content to fortify learning objectives
- Understand how to create better documents, work sheets using MS-Office.

Course Outcomes

- Create Documents
- Create Worksheets
- Formatting Text
- Work with Cells in MS-Excel
- Create Templates
- Create special effects.
- Forming a Network
- Sending and Receiving E-mails

SYLLABUS

Unit –I :

Introduction to Computers – computer Definition – characteristics and Limitations of computer Hardware-Generations of computer, Classification of Computers, Applications of computer, Basic Components of PC, computer Architecture – Primary and Secondary Memories – Input and Output Devices – Operating System – Functions of Operating System – Types of Operating System – Languages and its Types

Unit –II :

MS Word:

Word processing- features- advantages and applications-parts of word window- Toolbar-Creating, Saving , Closing, Opening and Editing of a Document-Moving and coping a Text-Formatting of Text and Paragraph-Bullets and Numbering-Find and Replace-Insertion of Objects-Headers andFooters – page Formatting- Auto Correct- spelling and Grammar – Mail Merge- Macros

Unit-III :

Features- Spread Sheet – Workbook –Cell- parts of a window – saving, closing, opening of a Work Book – Editing – Advantages – Formulas – Types of Functions – Templates – Macros – Sorting – Charts – Filtering – Consolidation _ Grouping – Pivot table

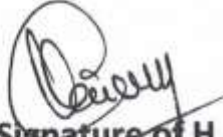
Unit IV

Networking concepts, Data Communication - Types of Networking, internet and its Services, Internet addressing - Internet applications - Computer virus and its types - Types of browsers

Unit V

Definition of E-mail, advantages and disadvantages User id's, Passwords, E-mail addresses, domain names, mailers, message components, message Composition, mail management, E-mail inner workings.


Principal
SLN Degree College
Alampur Road,
Anantapuramu


Signature of H.O.D.
ANANTAPURAM,
SLN Degree College
Dept. of Computer Science



SLN DEGREE COLLEGE

Alamur Road, Anantapuramu

Affiliated to S.K. University


Valedictory Report on Certificate Course Entitled "Information and Communication Technology" on 25-01-2020

The department of Computer science organized 45 days certificate course entitled "Information and Communication Technology" from 06-12-2019. For this program a total number of 98 students are registered.

The valedictory function of the above said program conducted on 25-1-2020 in seminar hall. The programme started at 09:00Am by inviting the Principal, Head, Department of Computer science on to the dais. The principal of the college, in his inaugural speech congratulated the Head and Members of Computer science department for organizing this kind of programme in the college for the benefit of students. In their speeches the Principal and Head, Department of Computer Science motivated the students to enroll themselves in this kind of programs conducted by other departments also and make them use to enhance the employable skills.

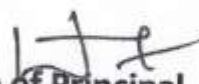
The students expressed their satisfaction towards the programme and requested the principal and management to organize number of programmes for the benefit of students and to enhance the skills for employment.

The valedictory function concluded by distributing the certificates to the students who are enrolled in the programme and the programme is ended with vote of thanks followed by singing National Anthem.


Signature of H.O.D.

Dept. of Computer Science
SLN Degree College
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Signature of Principal
Principal
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Department of Computer science

List of Students Enrolled for the 45 Days Certificate Course On "Information and communication Technology" held from 06-12-2019.

S.NO	Admission No	Name of the Student	Year	semester	Signature
1	1088	ARVETI ANJALI	I Year	1	A. Anjali
2	1089	BADIGE RAJASREE	I Year	1	Badige Rajasree
3	1098	BOYA CHANDRIKA	I Year	1	B. Chandrika
4	1273	BOYA NANDINI	I Year	1	B. Nandini
5	983	C LAKSHMIKALA	I Year	1	C. LakshmiKala
6	1077	CHINNA ACHAMMAGARI PAVANA JYOTHI	I Year	1	C-A. pavana Jyothi
7	1269	CHINNAKOTLA RAMANAMMA	I Year	1	C. Ramanamma
8	1078	CINIMADULA RADHIKA	I Year	1	Cinimadula Radhika
9	993	DAMPETLA BHAVANI	I Year	1	D. Bhavani
10	1326	DODDE ANUSHA	I Year	1	D. Anusha
11	1329	EERABBI RAYAMMA	I Year	1	E. Rayamma
12	1149	GANTAVARIPALLI GOWTHAMI	I Year	1	G. Gowthami
13	992	GORLA MANEESHA	I Year	1	G. Sravani
14	976	GUNDIGALA SRAVANI	I Year	1	G. Sravani
15	1063	KADAVAKALLU SHIREESHA	I Year	1	K. shireesha
16	1199	KADAVAKALLU UMA DEVI	I Year	1	K. umadevi
17	1158	KADIRAPPAGARI SHILPA	I Year	1	k. shilpa
18	1157	KOGARA MOUNIKA	I Year	1	k. Mounika
19	1085	KOTNURU JAYASREE	I Year	1	K. Jayasree
20	972	KUNCHEPU	I Year	1	

		MAMATHA			k. Mamatha
21	955	KURLAPALLI PRATHYUSHA	I Year	1	K. Prathyusha
22	1160	PULA SHIREESHA	I Year	1	P. Pula Shireesha
23	1164	SAKE VARALAKSHMI	I Year	1	S. Varalakshmi
24	931	MUKKAMALA SREELEKHA	I Year	1	M. Mukkamala Sreelekha
25	1331	N YAMUNA SAI SREE	I Year	1	N. Yamuna Sai Sree
26	1151	PULACHARLA LIKHITHA	I Year	1	P. Likhitha
27	1124	RAMIREDDIGARI PAVITHRA	I Year	1	R. Pavithra
28	1029	VOODIMI ROJA	I Year	1	Voodimi Roja
29	1312	KUNDURPI ARUNASREE	I Year	1	K. Aruna Sree
30	943	NIDIGALLU CHENCHUGOLLA YAMUNA	I Year	1	N.C. Yamuna
31	594	AGUVINDLA PRIYANKA	II Year	III	A. Priyanka
32	586	ALAKUNTA NANDINI	II Year	III	A. Nandini
33	800	ANKE RAMYA	II Year	III	A. Ramya
34	761	BOYA TEJASWINI	II Year	III	B. Tejaswini
35	846	BOYAGANGAPPAGARI SIREESHA	II Year	III	B. Sireesha
36	583	BOYARAMANJINEYU LUGARI BHARGAVI	II Year	III	B. Bhargavi
37	827	CHILLA ANITHA	II Year	III	C. Anitha
38	582	GIRI SRAVANI	II Year	III	G. Sravani
39	576	JALIPENTA SRAVANI	II Year	III	J. Sravani
40	937	KUMMARA ARUNA	I Year	1	K. Aruna
41	1045	KUMMARA SAHITYA	I Year	1	K. Sahitya
42	1321	KUMMARI VISHNU PRIYA	I Year	1	K. Vishnu Priya
43	1035	KURUBA SHANTHI	I Year	1	K. Shanthi
44	1047	KURUBA SUMALATHA	I Year	1	K. Sumalatha
45	1317	PRAKASH GARI PAVITRA	I Year	1	P. Pavithra
46	1292	SINGANAMALA MUBEENA	I Year	1	S. Mubeena
47	945	THADIMARRI SUNITHA	I Year	1	T. Sunitha

48	1266	BATTA SANDHYA	I Year	1	B. sandhya
49	1080	GOLLA MOUNIKA	I Year	1	G. Mounika
50	942	KAKA ROOPA	I Year	1	K. Roopa
51	1034	MANGAPPA GARI SIRISHA	I Year	1	M. Sirisha
52	1041	MUTHABOYINA KAVYA	I Year	1	M. Kavya
53	947	SINDHAVALAM LAVANYA	I Year	1	S. Lavanya
54	1050	UDELLA ARCHANA	I Year	1	U. Archana
55	1040	VANKAYALA GNANESHWARI	I Year	1	V. Ganeswari
56	1163	MODIAM ANUSHA	I Year	1	M. Anusha
57	862	PARISE AMRUTHA	I Year	1	P. Amrutha
58	861	POTTURU CHANDRIKA	I Year	1	P. Chandrika
59	872	RAYAPATI SAISREE	I Year	1	R. Saisree
60	1283	VADLAMUDI SAIDEEPIKA	I Year	1	V. Saideepika
61	1282	VADLAMUDI SIRISHA	I Year	1	V. Sirisha
62	1218	KOTTAM PRATHIBHA	I Year	1	K. Prathibha
63	1009	VELURU TRIVENI	I Year	1	V. Triveni
64	871	BANDARU ARCHANA	I Year	1	B. Archana
65	1012	MARTHADU PRATHYUSHA	I Year	1	M. Prathyusha
66	756	AMMALLADINNE USHARANI	II Year	III	A. Usharani
67	613	BANDIGARI SWARUPA	II Year	III	B. Swarupa
68	643	BASETTI DIVYA SREE	II Year	III	B. Divya Sree
69	783	CHAKALI HARATHI	II Year	III	C. Harathi
70	604	DALI INDU	II Year	III	D. Indu
71	620	KYATHIGANI SHASHIKALA	II Year	III	K. Shashikala
72	879	SINGAVARAM LAKSHMI PAVITRA	I Year	1	S. Lakshmi Pavitra
73		TALARI PRAMEELA	I Year	1	T. Prameela
74	1166	THAMMISETTI NANDINI	I Year	1	T. Nandini
75	1209	V R CHANDANA	I Year	1	V. R. Chandana
76	1217	VAMA POOJA	I Year	1	V. Pooja

77	1109	YAGGONI DIVYA SREE	I Year	1	Y. Divya sree
78	1000	ANTHRAA AKHILA	I Year	1	A. Akhila
79	1249	BEERE MOUNIKA	I Year	1	B. Mounika
80	1314	BELLA ANUSHA	I Year	1	B. Anusha
81	894	BILLE CHANDRALEKHA	I Year	1	B. chandralekha
82	188	MALEPATI NAGA JYOTHI	III Year	V	M. Naga jyothi
83	197	MEKALA SASI REKHA	III Year	V	M. sasi rekha
84	192	MUNTIMADUGU PRANAVI	III Year	V	M. Pranavi
85	200	PALETI SUSHMITHA	III Year	V	p. sushmitha
86	180	POLAM LATHASRI	III Year	V	p. lathasri
87	206	PUTLURU UMA MAHESWARI	III Year	V	P. maheswari
88	173	REDDIMI KALPANA	III Year	V	Reddimi Kalpana
89	392	SANGATI LAVANYA	III Year	V	s. lavanya
90	170	SEELLA HARATHI	III Year	V	s. Harathi
91	164	THAMMINENI DHARANI	III Year	V	T. dharaani
92	167	VENNAPUSA HARITHA	III Year	V	v. Haritha
93	182	ANGAJALA MADHURI	III Year	V	A. madhuri
94	165	ARVETI GNANA DEEPIKA	III Year	V	A. gnana deepika
95	188	MALEPATI NAGA JYOTHI	III Year	V	M. Naga Jyothi
96	186	KADIRI NAGAMANI	III Year	V	k. Nagamani
97	185	KAMMALA MANASA	III Year	V	k. manasa
98	171	KUNA HEMALATHA	III Year	V	K. Hemalatha


Signature of H.D.D.

Dept. of Computer Science
SLN Degree College
ANANTAPURAM





Principal
SLN Degree College
Alamur Road
Anantapuram


Signature of Principal

Principal
SLN Degree College
Alamur Road
Anantapuram



Capacity Building and Skills Enhancement Initiatives
Conducted by Career Counselling and Competitive Examinations Cell
for the Academic Year 2021-22

Soft Skills for the Academic Year 2021-22



SLN DEGREE COLLEGE

Alamur Road, Anantapuramu

Affiliated to S.K. University

Competitive Examinations and Career Counselling Cell

Circular

Date: 20/9/2021

All the UG students are hereby informed that the Competitive Examinations and Career Counselling Cell is going to organize a 45 days programme on Soft Skills entitled "Soft Skills for Success" in association with Department of English of our college. Interested students are instructed to enrol in the programme with V Chandra Mouli, Head Department of English and obtain the syllabus on or before 25/9/2021. The Programme will commence from 01/10/2021

N.ull
Convener

Competitive Examinations and
Career Counselling Cell

Copy to
All Notice Boards
For Circulation to Students

V. Chandra Mouli

Head
Department of
English

Dept. of English
SLN Degree College
ANANTAPURAM



H. H.
Principal

Principal
SLN Degree College
Alamur Road,
Anantapuramu.



H. H.
Principal
SLN Degree College
Alamur Road,
Anantapuramu.



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Competitive Examinations and Career Counselling Cell Syllabus for "Soft skills for Success"

Objective

The programme Soft skills for Success is uniquely designed to enable the students with thorough understanding of the fundamental soft skills and of their practical social and workplace usage. This programme helps the students to communicate effectively and to carry themselves confidently and in harmony with the surroundings. The students can also learn how to identify and overcome the barriers in interpersonal relationships, and to employ oral and written communication, teamwork, leadership, problem-solving and decision-making skills, to gain best results.

Learning Outcomes

At the end of this programme entitled "Soft Skills for Success" the students can able to:

- Making the Students to Understand the significance and essence of a wide range of soft skills.
- Enabling the students to learn how to apply soft skills in a wide range of routine social and professional settings.
- Making to understand and learn how to employ soft skills to improve interpersonal relationships.
- Learn how to employ soft skills to enhance employability and ensure workplace and career success.

Duration of the Programme: 45 Days

Unit -1

Soft Skills: An Introduction – Definition and Significance of Soft Skills; Process, Importance and Measurement of Soft Skill Development.

Self-Discovery: Discovering the Self; Setting Goals; Beliefs, Values, Attitude, Virtue.

Positivity and Motivation: Developing Positive Thinking and Attitude; Driving out Negativity; Meaning and Theories of Motivation; Enhancing Motivation Levels.

Unit -2

Interpersonal Communication: Interpersonal relations; communication models, process and barriers; team communication; developing interpersonal relationships through effective communication; listening skills; essential formal writing skills.

Public Speaking: Skills, Methods, Strategies and Essential tips for effective public speaking.

Group Discussion: Importance, Planning, Elements, Skills assessed; Effectively disagreeing, Initiating, Summarizing and Attaining the Objective.

Non-Verbal Communication: Importance and Elements; Body Language.

Teamwork and Leadership Skills: Concept of Teams; Building effective teams; Concept of Leadership and honing Leadership skills.

Unit -3

Interview Skills: Interviewer and Interviewee – in-depth perspectives. Before, During and After the Interview. Tips for Success.

Presentation Skills: Types, Content, Audience Analysis, Essential Tips – Before, During and After, Overcoming Nervousness. 3. Etiquette and Manners – Social and Business.

Time Management – Concept, Essentials, Tips.

Personality Development – Meaning, Nature, Features, Stages, Models; Learning Skills; Adaptability Skills.

Unit -4

Decision-Making and Problem-Solving Skills: Meaning, Types and Models, Group and Ethical Decision-Making, Problems and Dilemmas in application of these skills.

Conflict Management: Conflict - Definition, Nature, Types and Causes; Methods of Conflict Resolution.



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Stress Management: Stress - Definition, Nature, Types, Symptoms and Causes; Stress Analysis Models and 8 Impacts of Stress; Measurement and Management of Stress

Unit -5

Leadership and Assertiveness Skills: A Good Leader; Leaders and Managers; Leadership Theories; Types of Leaders; Leadership Behaviour; Assertiveness Skills.

Emotional Intelligence: Meaning, History, Features, Components, Intrapersonal and Management Excellence; Strategies to enhance Emotional Intelligence.

A handwritten signature in black ink, appearing to read 'V. Chandrababu Naidu'.

Head Department of English
Dept. of English
SLN Degree College
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Competitive Examinations and Career Counselling Cell

Valedictory Report of "Soft Skills for Success" on 16/11/2021

Soft skills refer to both character traits and interpersonal skills that will influence how well a person can work or interact with others. The term soft skills cover a wide range of skills as diverse as teamwork, time management, empathy and delegation. The importance of these soft skills is often undervalued, and there is far less training provided for them than hard skills such as coding. Organizations seem to expect people know how to behave on the job and the importance of skills such as taking initiative, communicating effectively and listening, which often is not the case.

The SDGS College identified the importance of soft skills and organised a 45 days programme entitled "Soft Skills for Success" under the Competitive Examinations and Career Counselling Cell in cooperation with Department of English. For this programme 95 students were enrolled.

The Valedictory function of the programme was started at 3:00 Pm on 16/11/2021 by inviting the Principal, Programme Convener and the Head Department of English on to the Dias. The Principal of the College in his inaugural speech congratulated the Convener of the Programme and English Department for organising this kind of programme in the college for the

benefit of students. In his speech the principal explained the importance of Soft Skills for securing jobs after the graduation.

The Convener of the Programme has given an inspiring speech regarding Importance of Soft Skills. The Head Department of English has assured their cooperation for conducting these kinds of programs for the benefit of the students. The Students who enrolled in this programme has expressed their satisfaction towards the programme and requested the principal to organise more number of programmes.

The Valedictory function is ended by distributing the certificates to the students who are enrolled in the Programme and the programme is concluded by the IQAC Coordinator with Vote of Thanks and followed by National Anthem.

V. Chandan
Dept. of English
SLN Degree College
ANANTAPURAM



HJ
Principal
SLN Degree College
Alamur Road,
Anantapuram.



HJ
Principal
SLN Degree College
Alamur Road,
Anantapuram.

2021-2022



SLN DEGREE COLLEGE

Alamur Road, Anantapuramu

Affiliated to S.K. University

Competitive Examinations and Career Counselling Cell Soft Skills for Success

List of Students Enrolled

S.NO	ADMISSION NO	NAME OF THE STUDENT	GENDER	YEAR	SEMESTER	GROUP	SIGNATURE
1	1813	KUNDU SAI PRUDVILA	FEMALE	I YEAR	I SEMESTER	BCOM (CA)	K. Sai Prudh
2	1814	GOURA KEERTHANA	FEMALE	I YEAR	I SEMESTER	BCOM (CA)	G. Keertana
3	1808	NALLABOTHULA BABY RANI	FEMALE	I YEAR	I SEMESTER	BCOM (CA)	N. Baby Rani
4	1816	PITHAVATH LAKSHMI BAI	FEMALE	I YEAR	I SEMESTER	BCOM (CA)	P. Lakshmi Bai
5	2021	BUKKE CHANDANA SREE BAI	FEMALE	I YEAR	I SEMESTER	BCOM (CA)	B. Chandana Sree Bai
6	1541	ALANJE HEMALATHA	FEMALE	II YEAR	I SEMESTER	BCOM (CA)	A. Hemalatha
7	1525	ALLUGUNDU MAMATHA	FEMALE	II YEAR	I SEMESTER	BCOM (CA)	A. Mamatha
8	1630	YERRABOTHULA ARUNA KUMARI	FEMALE	II YEAR	I SEMESTER	BCOM (CA)	Y. Aruna Kumari
9	1509	YERRAPAGARIBOYA NEEHARIKA	FEMALE	II YEAR	I SEMESTER	BCOM (CA)	Y. Neeharika
10	1088	ARVETI ANJALI	FEMALE	III YEAR	I SEMESTER	BCOM (CA)	A. Anjali
11	1089	BADIGE RAJASREE	FEMALE	III YEAR	I SEMESTER	BCOM (CA)	B. Rajasree
12	1098	BOYA CHANDRIKA	FEMALE	III YEAR	I SEMESTER	BCOM (CA)	B. Chandrika
13	1280	KURUMA SHIRISHA	FEMALE	III YEAR	I SEMESTER	BCOM (CA)	K. Shirisha
14	984	YEGGADI PAVITHRA	FEMALE	III YEAR	I SEMESTER	BCOM (CA)	Y. Pavithra
15	1064	DEVARAKONDA CHANDRAKALA	FEMALE	III YEAR	I SEMESTER	BCOM (CA)	D. Chandrakala
16	1305	GUJJALA LAKSHMI DEVI	FEMALE	III YEAR	I SEMESTER	BCOM	G. Lakshmi Devi

2021-2022

				YEAR	SEMESTER	(CA)	
17	1141	MEGAVATH MOUNIKA	FEMALE	III YEAR	I SEMESTER	BCOM (CA)	M. Mounika
18	1880	VADDE THRIVENI	FEMALE	I YEAR	I SEMESTER	BSC (BTMC)	V. Thriveni
19	1978	THALARI MALLIKA	FEMALE	I YEAR	I SEMESTER	BSC (BTMC)	T. Mallika
20	2024	GUNDLAPALLI JHANSI	FEMALE	I YEAR	I SEMESTER	BSC (BTMC)	G. Jhansi
21	2007	JANGILI MOUNIKA	FEMALE	I YEAR	I SEMESTER	BSC (BTMC)	J. Mounika
22	1745	SAKE PRIYANKA	FEMALE	I YEAR	I SEMESTER	BSC (BTMC)	S. Priyanka
23	1908	NALLAPOTHULA BHAVANA	FEMALE	I YEAR	I SEMESTER	BSC (BTMC)	N. Bhavana
24	1657	ANUMANTHAPALLI SUJATHA	FEMALE	II YEAR	I SEMESTER	BSC (BTMC)	A. Sujatha
25	1472	BADA OBULAI AH GARI HARITHA	FEMALE	II YEAR	I SEMESTER	BSC (BTMC)	B. Haritha
26	1481	MALARAPU ABHINAYA	FEMALE	II YEAR	I SEMESTER	BSC (BTMC)	M. Abhinaya
27	1468	SUGALI AKHILA	FEMALE	II YEAR	I SEMESTER	BSC (BTMC)	S. Akhila
28	1276	TALARI SREELATHA	FEMALE	III YEAR	I SEMESTER	BSC (BTMC)	T. Sreelatha
29	934	TURAKA LOKESWARAMMA	FEMALE	III YEAR	I SEMESTER	BSC (BTMC)	T. Lokeswaramma
30	1256	AVILIGONDA NANDINI	FEMALE	III YEAR	I SEMESTER	BSC (BTMC)	A. Nandini
31	1312	KUNDURPI ARUNASREE	FEMALE	III YEAR	I SEMESTER	BSC (BTMC)	K. Arunasree
32	943	NIDIGALLU CHENCHUGOLLA YAMUNA	FEMALE	III YEAR	I SEMESTER	BSC (BTMC)	N. Yamuna
33	1768	BEERE KALYANI	FEMALE	I YEAR	I SEMESTER	BSC (BZC)	B. Kalyani
34	1906	ROTTE CHARITHA	FEMALE	I YEAR	I SEMESTER	BSC (BZC)	R. Charitha
35	1959	HAVALIGI SUNEETHA	FEMALE	I YEAR	I SEMESTER	BSC (BZC)	H. Suneetha
36	1828	MEENUGA KRUPA	FEMALE	I YEAR	I SEMESTER	BSC (BZC)	M. Krupa
37	1766	SAJANNA GARI MOUNIKA	FEMALE	I YEAR	I SEMESTER	BSC (BZC)	S. Mounika
38	1889	BALIJA MOWNIKA	FEMALE	I YEAR	I SEMESTER	BSC (BZC)	B. Mounika
39	1911	ANANTHA VANDANA	FEMALE	I	I	BSC (BZC)	A. Vandana

2021-2022

				YEAR	SEMESTER		
40	1961	MALLELA ANUSHA	FEMALE	I YEAR	I SEMESTER	BSC (BZC)	M. Anusha
41	1495	URUMULA HEMALATHA	FEMALE	II YEAR	I SEMESTER	BSC (BZC)	U. Hemu
42	1627	DUNGAVATH LAVANYABAI	FEMALE	II YEAR	I SEMESTER	BSC (BZC)	W. Lavanyabai
43	1628	DUNGAVATH SADA BAI	FEMALE	II YEAR	I SEMESTER	BSC (BZC)	W. Sadabai
44	1619	SUGALI ASWINI	FEMALE	II YEAR	I SEMESTER	BSC (BZC)	S. Aswini
45	1492	VADITHYA SAIDIVYA	FEMALE	II YEAR	I SEMESTER	BSC (BZC)	V. Sai Vidya
46	1136	BAPURAM MADHU LATHA	FEMALE	III YEAR	I SEMESTER	BSC (BZC)	B. Madhu
47	1036	BOYA ASWANI	FEMALE	III YEAR	I SEMESTER	BSC (BZC)	B. Aswini
48	1040	VANKAYALA GNANESHWARI	FEMALE	III YEAR	I SEMESTER	BSC (BZC)	V. Gnaneshwari
49	948	BASIREDDY SAILALITHA	FEMALE	III YEAR	I SEMESTER	BSC (BZC)	B. Sailalitha
50	1110	MALLAKKA GARI SOWMYA	FEMALE	III YEAR	I SEMESTER	BSC (BZC)	M. Sowmya
51	1033	DUDDE MOUNIKA	FEMALE	III YEAR	I SEMESTER	BSC (BZC)	D. Mouni
52	1313	KOTTE SWETHA	FEMALE	III YEAR	I SEMESTER	BSC (BZC)	K. Swetha
53	1267	MEENUGA SUMITHRA	FEMALE	III YEAR	I SEMESTER	BSC (BZC)	M. Sumithra
54	1112	NALLA ANKANNAGARI INDU	FEMALE	III YEAR	I SEMESTER	BSC (BZC)	N. Indu
55	1264	PALLEPPA GARI LALITHA	FEMALE	III YEAR	I SEMESTER	BSC (BZC)	P. Lalitha
56	1736	MUKKU AKHILA	FEMALE	I YEAR	I SEMESTER	BSC (MECS)	M. Akhila
57	1737	CHAKALI CHANDRIKA	FEMALE	I YEAR	I SEMESTER	BSC (MECS)	C. Chandrika
58	1753	BOGGU ANKITHA	FEMALE	I YEAR	I SEMESTER	BSC (MECS)	B. Ankitha
59	1909	KADAPA VIMALA	FEMALE	I YEAR	I SEMESTER	BSC (MECS)	K. Vimala
60	1951	THYDULA MYTHRI	FEMALE	I YEAR	I SEMESTER	BSC (MECS)	T. Mythri
61	1985	MARAKA SNEHA LATHA	FEMALE	I YEAR	I SEMESTER	BSC (MECS)	M. Sneha Latha
62	1999	BASINEPALLI KUNTAPPAIAH GARI PUJITHA	FEMALE	I YEAR	I SEMESTER	BSC (MECS)	B. Pujitha

2020-2022

63	1449	RANGAM HARITHA	FEMALE	II YEAR	I SEMESTER	BSC (MECS)	R. Haritha
64	1683	AYYANNA GARI SHILPA	FEMALE	II YEAR	I SEMESTER	BSC (MECS)	A. Shilpa
65	1429	KONDREDDY BHAVANA	FEMALE	II YEAR	I SEMESTER	BSC (MECS)	K. Bhavana
66	1696	SALLA JYOTHI	FEMALE	II YEAR	I SEMESTER	BSC (MECS)	S. Jyothi
67	1431	ANUMULA PRIYANKA	FEMALE	II YEAR	I SEMESTER	BSC (MECS)	A. Priyanka
68	1690	JENNE GAYATHRI	FEMALE	II YEAR	I SEMESTER	BSC (MECS)	J. Gayathri
69	1600	JUTURU MAMATHA	FEMALE	II YEAR	I SEMESTER	BSC (MECS)	J. Mamatha
70	1285	KANCHIKUNTA JYOTHI	FEMALE	III YEAR	I SEMESTER	BSC (MECS)	K. Jyothi
71	870	KATIKA ROOPA	FEMALE	III YEAR	I SEMESTER	BSC (MECS)	K. Roopa
72	868	KATIKA SHIRISHA	FEMALE	III YEAR	I SEMESTER	BSC (MECS)	K. Shirisha
73	1188	MAVITI NIRMALA	FEMALE	III YEAR	I SEMESTER	BSC (MECS)	M. Nirmala
74	865	BANDI AKHILA	FEMALE	III YEAR	I SEMESTER	BSC (MECS)	B. Akhila
75	1012	MARTHADU PRATHYUSHA	FEMALE	III YEAR	I SEMESTER	BSC (MECS)	M. Prathyusha
76	1717	YANAMALA PAVITHRA	FEMALE	I YEAR	I SEMESTER	BSC (MPCS)	Y. Pavithra
77	1765	VUGGAM POOJITHA	FEMALE	I YEAR	I SEMESTER	BSC (MPCS)	V. Poojitha
78	1937	PAMUDURTHY SHILPA	FEMALE	I YEAR	I SEMESTER	BSC (MPCS)	P. Shilpa
79	2015	MARREDDY TEJASWINI	FEMALE	I YEAR	I SEMESTER	BSC (MPCS)	M. Tejaswini
80	1844	PERAVALI VINITHA	FEMALE	I YEAR	I SEMESTER	BSC (MPCS)	P. Vinitha
81	2000	VADLA ANUSHA	FEMALE	I YEAR	I SEMESTER	BSC (MPCS)	V. Anusha
82	1649	DODLO ARUNA	FEMALE	II YEAR	I SEMESTER	BSC (MPCS)	D. Aruna
83	1367	YANAMALA SRAVANI	FEMALE	II YEAR	I SEMESTER	BSC (MPCS)	Y. Sravani
84	1376	YAPADENNE KALAVATHI	FEMALE	II YEAR	I SEMESTER	BSC (MPCS)	Y. Kalavathi
85	1344	YEKKALURU MOUNIKA	FEMALE	II YEAR	I SEMESTER	BSC (MPCS)	Y. Mounika
86	816	MARUTHI TEJASWINI	FEMALE	III YEAR	I SEMESTER	BSC	M. Tejaswini

2021-22

				YEAR	SEMESTER	(MPCS)	
87	814	POSINA VEENA	FEMALE	III YEAR	I SEMESTER	BSC (MPCS)	P. Veenu
88	702	PUDUGUNDLAPALLI SUPRAJA	FEMALE	III YEAR	I SEMESTER	BSC (MPCS)	P. Supraja
89	1777	BOYA SRAVANI	FEMALE	I YEAR	I SEMESTER	BSC (MSCS)	B. Sravani
90	1919	BANDIREDDY KAVYANJALI	FEMALE	I YEAR	I SEMESTER	BSC (MSCS)	B. Kavyanjali
91	1835	KARAMTHOT GAYATHRI	FEMALE	I YEAR	I SEMESTER	BSC (MSCS)	K. Gayathri
92	1596	GAJULA SUDHA BHARATHI	FEMALE	II YEAR	I SEMESTER	BSC (MSCS)	G. Sudha Bharathi
93	1397	GANGIREDDY PUJITHA	FEMALE	II YEAR	I SEMESTER	BSC (MSCS)	G. Pujitha
94	1229	MOOD NANDINI BAI	FEMALE	III YEAR	I SEMESTER	BSC (MSCS)	M. Nandini Bai
95	1270	SAKE ANUSHA	FEMALE	III YEAR	I SEMESTER	BSC (MSCS)	S. Anusha

V. Chandrashekhara
Dept. of English
SLN Degree College
ANANTAPURAM



LJE
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SLN Degree College
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Language and Communication Skills for the Academic Year 2021-22

Career Counselling and Competitive Examinations Cell
45 days Capacity and Skill Enhancement Course

"The Art of Written and Verbal Communication in English"

Course Objectives: The following are course objectives

- To develop students' written and verbal communication skills in English.
- To teach students the principles of effective communication, including clarity, conciseness, correctness, completeness, courtesy, consideration, and concreteness.
- To help students develop their critical thinking and problem-solving skills through communication.
- To prepare students for communication success in academic and professional settings.

Course Outcomes: Upon completion of this course, students will be able to:

- Write and speak clearly, concisely, correctly, completely, courteously, considerately, and concretely.
- Analyze and evaluate their own communication and the communication of others.
- Adapt their communication style to different audiences and purposes.
- Use communication effectively to achieve their goals in academic and professional settings.

Course Syllabus:

Unit 1: Introduction to Communication: What is communication? - The communication process - The elements of effective communication - Verbal and nonverbal communication - Cultural communication.

Unit 2: Written Communication: The writing process - Types of written communication - Writing for different Purposes - Writing style and grammar - Editing and proofreading.



Unit 3: Verbal Communication: The public speaking process - Types of public speaking - Delivering effective presentations - Active listening - Communicating in small groups.

Unit 4: Communication in the Workplace: Business writing - Email communication - Professional presentations - Interview skills - Networking skills.



V. Chandu
Head Department of English



[Signature]
Principal
SLN Degree College
Anantapur Road,
Anantapuram.

**A Report Course Entitled
"Mastery of Written and Verbal English Communication."**

**Organised by The Competitive Examinations and Career Counselling Cell
in collaboration with the English Department from 01-06-2021 to 23-10-
2021**

SLN Degree College organized a course on written and verbal English communication from 01-06-2021 to 23-10-2021, in collaboration with the Competitive Examinations and Career Counselling Cell and the English Department. A total of 172 students participated in the course.

The Valedictory ceremony was held to celebrate the completion of the course. At the ceremony, the College Principal appreciated the Program Convener and the English Department for organizing the course. He also emphasized the importance of written and verbal communication skills in the 21st century, especially for career prospects after graduation.

The Program Convener delivered a speech on the importance of mastering written and verbal English communication. He explained how these skills are essential for success in all aspects of life, both personal and professional. He also highlighted the benefits of the program and its positive impact on the students' communication skills.

The Head of the English Department assured their support for conducting similar programs in the future and commended the students for their active participation in the initiative.

The students who enrolled in the program expressed their satisfaction with it and acknowledged its significant contribution to the enhancement of their written and verbal communication skills. They requested the principal to organize more programs of this nature, citing the marked improvements they experienced in their communication abilities.

The Valedictory ceremony concluded with the distribution of certificates to the participating students. The event ended with a Vote of Thanks delivered by the IQAC Coordinator, followed by the rendition of the National Anthem.



[Signature]
Principal
SLN Degree College
Alamur Road
Anantapuram,

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SLN Degree College
Alamur Road
Anantapuram,

Life Skills for the Academic Year 2021-22

SLN Degree College, Alampur Road, Anantapur
(Affiliated to Sri Krishnadevaraya University, Anantapur)

Department of Physical Education

Circular

01-08-2022

The Physical Education Department is pleased to announce the availability of a course named 'Transform Your Life with 45 Days of Yoga Practice.' If you wish to participate, kindly register with the Physical Director and collect a copy of the course syllabus no later than August 15, 2022. The course is set to commence on August 18, 2022, at 8:00 AM in the Seminar Hall."


Physical Director




Principal
SLN Degree College
Alampur Road,
Anantapuram.




Principal
SLN Degree College
Alampur Road
Anantapuram.

Department of Physical Education
Transform Your Life with 45 Days of Yoga Practice

This course is designed to provide students with a comprehensive understanding of yoga, its history, philosophy, and practical applications. Through a combination of theory and practice, students will explore various aspects of yoga, including postures, breathing techniques, meditation, and the philosophy behind this ancient practice.

Course Objectives:

- To introduce college students to the principles and practices of yoga as a holistic approach to physical and mental well-being.
- To develop an understanding of the history, philosophy, and various branches of yoga, including Hatha, Vinyasa, and Ashtanga.
- To cultivate self-awareness and mindfulness through the practice of yoga postures (asanas) and breathing techniques (pranayama).
- To provide tools for managing stress, enhancing concentration, and improving overall mental health.
- To promote physical fitness, flexibility, and strength through regular yoga practice.
- To explore the connection between yoga and a healthy lifestyle, including nutrition and stress management.

Course Outcomes: By the end of this course, students will be able to:

- Demonstrate a basic understanding of the history and philosophy of yoga and its relevance in the modern world.
- Perform a variety of yoga asanas and pranayama techniques with proper alignment and breath control.
- Develop a regular yoga practice that promotes physical well-being and flexibility.
- Apply mindfulness and relaxation techniques learned in the course to reduce stress and enhance mental health.



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- Describe the benefits of yoga for physical fitness, stress management, and overall well-being.
- Create a personalized yoga and wellness routine to continue their practice beyond the course.

Unit 1: Foundations of Yoga (Days 1-15) :

Introduction to Yoga: History and Philosophy of Yoga - Benefits of practising Yoga - Basic Principles and ethics - Asana (Yoga Poses)

Learning and practicing foundational asanas: Proper alignment and posture - Breathing techniques (Pranayama) - Meditation and Mindfulness

Introduction to meditation: Techniques for calming the mind - Mindfulness practices - Yogic Diet and Lifestyle

Understanding a Yogic diet: Maintaining a balanced lifestyle - Importance of sleep and relaxation - Anatomy and Physiology

Basic understanding of the human body: How Yoga Affects Different Systems - Preventing injuries.

Unit 2: Intermediate Yoga Practices (Days 16-30)

Advanced Asana Practice: Progressing from basic to intermediate asanas - Holding poses and deepening stretches - Strength and flexibility training - Yoga Nidra and Deep Relaxation

Understanding Yoga Nidra: Guided sessions for deep relaxation - Stress management techniques - Pranayama and Breath Control

Advanced breathing techniques: Energy and breath control (Prana) - Breath awareness and regulation - Yogic Philosophy

Delving deeper into Yoga philosophy: The Eight Limbs of Yoga (Ashtanga Yoga) - Self-awareness and spiritual growth



SLN Degree College, Alampur Road, Anantapur
(Affiliated to Sri Krishnadevaraya University, Anantapur)

Unit 3: Specialized Yoga Practices (Days 31-45)

Yoga for Health and Wellness: Targeting specific health issues with Yoga - Customized practices for participants' needs - Therapeutic Yoga - Teaching Methodology

Learning how to lead a Yoga class: Sequencing and planning sessions - Effective communication and adjustments - Yoga for Daily Life

Integrating Yoga into daily routines: Creating a personal Yoga practice - Self-discipline and commitment



Department of Physical Education



SLN Degree College, Alamur Road, Anantapur
(Affiliated to Sri Krishnadevaraya University, Anantapur)

A Report on "Transform Your Life with 45 Days of Yoga Practice"
18-08-2022 to 02-10-2022


The 45-day yoga program organized by the Physical Education Department in 2022 was a transformative experience for the 106 students and 5 faculty members who participated. The program was designed to introduce the benefits of yoga for both physical and mental well-being, and it included daily sessions of yoga poses, breathing exercises, and meditation.

Participants of all experience levels were welcome, and the program provided personalized attention to ensure that everyone had a holistic experience. Beyond the physical benefits of increased fitness, mental clarity, and relaxation, the program also emphasized mental and spiritual growth. Participants learned mindfulness, stress management, and meditation, and they received nutritional guidance to encourage a balanced lifestyle.

The commitment and progress shown by the participants were commendable, and the program resulted in significant improvements in fitness, stress levels, concentration, and overall well-being. The closing ceremony provided a moment for participants to reflect on their transformative experiences and express gratitude.

"Transform Your Life with 45 Days of Yoga Practice" had a lasting impact on the participants, introducing them to the profound benefits of yoga and instilling a commitment to its practice. The program also fostered a culture of physical and mental well-being within the institution, equipping the academic community with a valuable lifelong tool.




Principal
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Anantapuram.


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ICT / Computing Skills for the Academic Year 2021-22



SLN DEGREE COLLEGE

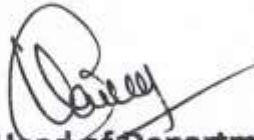
Alamur Road, Anantapuramu

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Date: 13-11-2021

Circular

All the Final year students are here by informed that Department of Computer Science is organizing 45 days Certificate Course in computers entitled "Information and Communication Technology". In this context, all the interested students are here by instructed to enroll their Names with V Sai Krishna, Head Department of Computer Science on or before 20-11-2020 and obtain the syllabus copy. The proposed certificate course will commence from 01-12-2021.


Head of Department
Dept. of Computer Science
SLN Degree College
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Alamur Road
Anantapuramu

Copy to

- For Circulation among the Students
- All HoDs for information
- Respective Notice Board of the Departments
- To the file


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Anantapuramu





SLN DEGREE COLLEGE

Alamur Road, Anantapuramu

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DEPARTMENT OF COMPUTER SCIENCE

Certificate Course Entitled "Information and Communication Technology"

Course objectives

- Understand the basic parts of computer hardware components that make up a computer and the role of each of these components.
- Understand the difference between an operating system and an application program, and what each is used for in a computer
- Use technology ethically, safely, securely and legally
- Design better pages and documents using design-thinking principles
- Create learning materials including info graphics and visual content to fortify learning objectives
- Understand how to create better documents, work sheets using MS-Office.

Course Outcomes

- Create Documents
- Create Worksheets
- Formatting Text
- Work with Cells in MS-Excel
- Create Templates
- Create special effects.
- Forming a Network
- Sending and Receiving E-mails

SYLLABUS

Unit –I :

Introduction to Computers – computer Definition – characteristics and Limitations of computer Hardware-Generations of computer, Classification of Computers, Applications of computer, Basic Components of PC, computer Architecture – Primary and Secondary Memories – Input and Output Devices – Operating System – Functions of Operating System – Types of Operating System – Languages and its Types

Unit –II :

MS Word:

Word processing- features- advantages and applications-parts of word window- Toolbar-Creating, Saving , Closing, Opening and Editing of a Document-Moving and coping a Text-Formatting of Text and Paragraph-Bullets and Numbering-Find and Replace-Insertion of Objects-Headers and Footers – page Formatting- Auto Correct- spelling and Grammar – Mail Merge- Macros

Unit-III :


Features- Spread Sheet – Workbook –Cell- parts of a window – saving, closing, opening of a Work Book – Editing – Advantages – Formulas – Types of Functions – Templates – Macros – Sorting – Charts – Filtering – Consolidation _ Grouping – Pivot table

Unit IV

Networking concepts, Data Communication - Types of Networking, internet and its Services, Internet addressing - Internet applications - Computer virus and its types - Types of browsers

Unit V

Definition of E-mail, advantages and disadvantages User id's, Passwords, E-mail addresses, domain names, mailers, message components, message Composition, mail management, E-mail inner workings.


Signature of H.O.D.
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Valedictory Report on Certificate Course Entitled "Information and Communication Technology" on 16-1-2022

The department of Computer science organized 45 days certificate course entitled "Information and Communication Technology" from 01-12-2021. For this program a total number of 88 students are registered.

The valedictory function of the above said program conducted on 16-1-2022 in seminar hall. The programme started at 09:00Am by inviting the Principal, Head, Department of Computer science on to the dais. The principal of the college, in his inaugural speech congratulated the Head and Members of Computer science department for organizing this kind of programme in the college for the benefit of students. In their speeches the Principal and Head, Department of Computer Science motivated the students to enroll themselves in this kind of programs conducted by other departments also and make them use to enhance the employable skills.

The students expressed their satisfaction towards the programme and requested the principal and management to organize number of programmes for the benefit of students and to enhance the skills for employment.

The valedictory function concluded by distributing the certificates to the students who are enrolled in the programme and the programme is ended with vote of thanks followed by singing National Anthem.

Signature of H.O.D.

Dept. of Computer Science
SLN Degree College
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Principal
SLN Degree College
Alamur Road
Anantapuramu

Signature of Principal

Principal
SLN Degree College
Alamur Road
Anantapuramu

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(Affiliated to Sri Krishnadevaraya University, Anantapur)

Department of Computer science


List of Students Enrolled for the 45 Days Certificate Course On "Information and communication Technology" held from 01-12-2021.

S.NO	Admission No	Name of the Student	Year	semester	Group	Signature
1	1812	CHAKALI SUSMITHA	I Year	I	BCOM (CA)	Susmitha
2	1815	VADDE ALAKUNTA HEMALATHA	I Year	I	BCOM (CA)	V. Hemalatha
3	1820	SUDDHAMALLA RUCHITHA	I Year	I	BCOM (CA)	S. Ruchitha
4	1845	CHINTHAKAYALA HARITHA	I Year	I	BCOM (CA)	C. Haritha
5	1846	TALARI NANDINI	I Year	I	BCOM (CA)	T. Nandini
6	1858	CHAKALI ANURADHA	I Year	I	BCOM (CA)	Anuradha
7	1862	AVULA JYOTHI	I Year	I	BCOM (CA)	A. Jyothi
8	1878	TALARI SRAVANI	I Year	I	BCOM (CA)	T. Sravani
9	1924	GUJJALA VANAJA	I Year	I	BCOM (CA)	G. vanaja
10	1931	CHEEMALA OM LATHA	I Year	I	BCOM (CA)	C. om latha
11	1939	MALLELA PAVITHRA	I Year	I	BCOM (CA)	m. pavithra
12	1943	JENNE PAVITHRA	I Year	I	BCOM (CA)	m. pavithra.
13	1945	NEERUGANTI HEMAVATHI	I Year	I	BCOM (CA)	N. Hemavathi
14	1948	VADDE RAMYA	I Year	I	BCOM (CA)	Ramya
15	1969	CHAKALI POOJITHA	I Year	I	BCOM (CA)	C. Poojitha
16	1970	CHAKALA LAVANYA	I Year	I	BCOM (CA)	C. Lavanya
17	1975	BOYA SONIYA	I Year	I	BCOM (CA)	B. soniya
18	1995	SULAM NIKHITHA	I Year	I	BCOM (CA)	B. Nikhitha
19	2001	GUNIMUNI PAVITHRA	I Year	I	BCOM (CA)	G. pavithra


21	1609	MANDALA SAILAJA	II Year	III	BSC (BTMC)	Sailaja
22	1474	NALLAJODU PUSHPAVATHI	II Year	III	BSC (BTMC)	N. Pushpavathi
23	1660	SANAPA BHAVANA	II Year	III	BSC (BTMC)	S. bhavana
24	1661	TALARI AKHILA	II Year	III	BSC (BTMC)	Akhila
25	1608	TALARI VASANTHA	II Year	III	BSC (BTMC)	T. vasantha
26	1614	CHILAKALA SONIYA	II Year	III	BSC (BTMC)	C. Soniya
27	1613	DUDDUKUNTA VEENA	II Year	III	BSC (BTMC)	D. Veena
28	1483	GETTI PALLAVI	II Year	III	BSC (BTMC)	G. Pallavi
29	1482	HANUMANTHARAYA PPA GARI KAMALAMMA	II Year	III	BSC (BTMC)	H. kamalamma
30	1477	KUMMARA RUPA	II Year	III	BSC (BTMC)	K. Rupa
31	1469	KURUBA ASHA	II Year	III	BSC (BTMC)	K. Asha
32	1570	RAGE PALLAVI	II Year	III	BSC (BTMC)	Pallavi
33	947	SINDHAVALAM LAVANYA	III Year	V	BSC (BZC)	S. Lavanya
34	1050	UDELLE ARCHANA	III Year	V	BSC (BZC)	U. Archana
35	1040	VANKAYALA GNANESHWARI	III Year	V	BSC (BZC)	V. Ananeshwari
36	948	BASIREDDY SAILALITHA	III Year	V	BSC (BZC)	B. Sailalitha
37	1110	MALLAKKA GARI SOWMYA	III Year	V	BSC (BZC)	M. Sowmya
38	1037	MATTAMADUGU SRAVANTHI	III Year	V	BSC (BZC)	M. Sravanthi
39	1155	PEMMANA SAITEJA	III Year	V	BSC (BZC)	P. Saiteja
40	947	SINDHAVALAM LAVANYA	III Year	V	BSC (BZC)	S. Lavanya
41	2025	JAMBUGUMPALA TEJASWINI	I Year	I	BSC (MECS)	J. Tejaswini
42	1734	THATHIREDDY APARNA	I Year	I	BSC (MECS)	T. Aparna
43	1758	RAJALA GOWTHAMI	I Year	I	BSC (MECS)	R. Gowthami
44	1836	DUBBALA JAHNAVI	I Year	I	BSC (MECS)	Jahnavi
45	1882	AKKILI DEEPTHI	I Year	I	BSC (MECS)	A. Deepthi
46	1900	PUTHALA ANKITHA	I Year	I	BSC (MECS)	P. Ankitha
47	1909	KADAPA VIMALA	I Year	I	BSC (MECS)	K. Vimala
48	1951	THYDULA MYTHRI	I Year	I	BSC (MECS)	T. Mythri
49	1985	MARAKA SNEHA	I Year	I	BSC (MECS)	M. Sneha

		LATHA				
50	1717	YANAMALA PAVITHRA	I Year	I	BSC (MPCS)	y Pavithra
51	1724	KADAVAKOLLA NAVYAKUSUMA	I Year	I	BSC (MPCS)	k. Navyakusuma
52	1727	KANUMA SUSHMA	I Year	I	BSC (MPCS)	sushma
53	1867	ANKE AKHILA	I Year	I	BSC (MPCS)	A. Akhila
54	1992	GANDLAPENTA ASWINI	I Year	I	BSC (MPCS)	G. Aswini
55	1993	KONDLOPALLI VYSHNAVI	I Year	I	BSC (MPCS)	k. Vyshnavi
56	1732	URAVAKONDA MEHATAJ	I Year	I	BSC (MPCS)	U. mehataj
57	1772	URAVAKONDA MUBEEN TAJ	I Year	I	BSC (MPCS)	U. mubentaj
58	1842	BULAGONDLA GRUHANA	I Year	I	BSC (MPCS)	B. Gruhana
59	1843	KURUBA BHAVYASREE	I Year	I	BSC (MPCS)	Bhavya
60	1717	YANAMALA PAVITHRA	I Year	I	BSC (MPCS)	y. Pavithra
61	1973	KADIREPPAGARI ASWINI	I Year	I	BSC (MSCS)	Aswini
62	2004	GINKALA RAJITHA	I Year	I	BSC (MSCS)	G. Rajitha
63	2020	MANDHALA JAYANTHI	I Year	I	BSC (MSCS)	m. Jayanthi
64	1774	DASARI PAVANI	I Year	I	BSC (MSCS)	P. Pavani
65	1781	BANDI VYSHNAVI	I Year	I	BSC (MSCS)	B. Vyshnavi
66	1783	KURUBA GANGOTTHRI	I Year	I	BSC (MSCS)	k. Gangotthri
67	1784	MALUGUVENU CHANDBEE	I Year	I	BSC (MSCS)	m. Chandbee
68	1791	PULAGUTTAPALLI PAVANI	I Year	I	BSC (MSCS)	P. Pavani
69	1800	KURUBA NAGASREE	I Year	I	BSC (MSCS)	naga sree
70	1803	PATNAM REVATHI	I Year	I	BSC (MSCS)	P. Revathi
71	1865	KAMMAGUNDA PRAVALLIKA	I Year	I	BSC (MSCS)	pravallika
72	1866	AVILIKONDA SIRESHA	I Year	I	BSC (MSCS)	A. Siresha
73	1584	M NAGANAVYA	II Year	III	BSC (MSCS)	M. Naganavya
74	1381	MADAMANCHI GANGA BHAVANI	II Year	III	BSC (MSCS)	M. Ganga bhavani
75	1392	MADIREDDY SWETHA	II Year	III	BSC (MSCS)	Swetha

76	1374	MARAMREDDY BHARGAVI	II Year	III	BSC (MSCS)	Bhargavi
77	1398	MEKALA MEGHASUKANYA	II Year	III	BSC (MSCS)	M. meghasukanya
78	1364	MURARI HARSHITHA	II Year	III	BSC (MSCS)	M. Harshitha
79	1383	MYLARAPU KEERTHI	II Year	III	BSC (MSCS)	M. Keerthi
80	1395	NITTURI RITHIKA NICHALA	II Year	III	BSC (MSCS)	N. Rithika Nichala
81	1385	PANDIRI VANDANA	II Year	III	BSC (MSCS)	P. vandhana
82	1641	PARIMI HARIKA	II Year	III	BSC (MSCS)	P. Harika
83	1422	PARVATHANENI RUCHITHA	II Year	III	BSC (MSCS)	Ruchitha
84	1322	YENNAPUSALA MEGHANA	III Year	V	BSC (MSCS)	Y. meghana
85	1228	JASTA SHRAVANI	III Year	V	BSC (MSCS)	H. Lakshmi J shra
86	1152	HEGDE LAKSHMI	III Year	V	BSC (MSCS)	H. lakshmi
87	1168	PULAKURTHI PRABHAVATHI	III Year	V	BSC (MSCS)	P. Prabhavathi
88	1229	MOOD NANDINI BAI	III Year	V	BSC (MSCS)	Nandini


 Signature of H.O.D.
 Dept. of Computer Science
 SLN Degree College
 ANANTAPURAM.




 Signature of Principal
 Principal
 SLN Degree College
 Alamur Road,
 Anantapuram.




 Principal
 SLN Degree College,
 Alamur Road
 Anantapuram.

Capacity Building and Skills Enhancement Initiatives
Conducted by Career Counselling and Competitive Examinations Cell
for the Academic Year 2022-23

Soft Skills for the Academic Year 2022-23



SLN DEGREE COLLEGE

Alamur Road, Anantapuramu

Affiliated to S.K. University

Competitive Examinations and Career Counselling Cell

Circular

Date: 20/9/2022

All the UG students are hereby informed that the Competitive Examinations and Career Counselling Cell is going to organize a 45 days programme on Soft Skills entitled "Soft Skills for Success" in association with Department of English of our college. Interested students are instructed to enrol in the programme with V Chandra Mouli, Head Department of English and obtain the syllabus on or before 25/9/2022. The Programme will commence from 01/10/2022

N. V. S. S.
Convener

Competitive Examinations and
Career Counselling Cell

Copy to
All Notice Boards
For Circulation to Students

V. Chandra Mouli

Head
Department of
English
Dept. of English
SLN Degree College
ANANTAPURAM

H. J. S.
Principal
Principal
SLN Degree College
Alamur Road,
Anantapuramu.



H. J. S.
Principal
SLN Degree College
Alamur Road,
Anantapuramu.



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Competitive Examinations and Career Counselling Cell Syllabus for "Soft skills for Success"

Objective

The programme Soft skills for Success is uniquely designed to enable the students with thorough understanding of the fundamental soft skills and of their practical social and workplace usage. This programme helps the students to communicate effectively and to carry themselves confidently and in harmony with the surroundings. The students can also learn how to identify and overcome the barriers in Interpersonal relationships, and to employ oral and written communication, teamwork, leadership, problem-solving and decision-making skills, to gain best results.

Learning Outcomes

At the end of this programme entitled "Soft Skills for Success" the students can able to:

- Making the Students to Understand the significance and essence of a wide range of soft skills.
- Enabling the students to learn how to apply soft skills in a wide range of routine social and professional settings.
- Making to understand and learn how to employ soft skills to improve interpersonal relationships.
- Learn how to employ soft skills to enhance employability and ensure workplace and career success.

Duration of the Programme: 45 Days

Unit -1

Soft Skills: An Introduction – Definition and Significance of Soft Skills; Process, Importance and Measurement of Soft Skill Development.

Self-Discovery: Discovering the Self; Setting Goals; Beliefs, Values, Attitude, Virtue.

Positivity and Motivation: Developing Positive Thinking and Attitude; Driving out Negativity; Meaning and Theories of Motivation; Enhancing Motivation Levels.

Unit -2

Interpersonal Communication: Interpersonal relations; communication models, process and barriers; team communication; developing interpersonal relationships through effective communication; listening skills; essential formal writing skills.

Public Speaking: Skills, Methods, Strategies and Essential tips for effective public speaking.

Group Discussion: Importance, Planning, Elements, Skills assessed; Effectively disagreeing, Initiating, Summarizing and Attaining the Objective.

Non-Verbal Communication: Importance and Elements; Body Language.

Teamwork and Leadership Skills: Concept of Teams; Building effective teams; Concept of Leadership and honing Leadership skills.

Unit -3

Interview Skills: Interviewer and Interviewee – in-depth perspectives. Before, During and After the Interview. Tips for Success.

Presentation Skills: Types, Content, Audience Analysis, Essential Tips – Before, During and After, Overcoming Nervousness. 3. Etiquette and Manners – Social and Business.

Time Management – Concept, Essentials, Tips.

Personality Development – Meaning, Nature, Features, Stages, Models; Learning Skills; Adaptability Skills.

Unit -4

Decision-Making and Problem-Solving Skills: Meaning, Types and Models, Group and Ethical Decision-Making, Problems and Dilemmas in application of these skills.

Conflict Management: Conflict - Definition, Nature, Types and Causes; Methods of Conflict Resolution.



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Stress Management: Stress - Definition, Nature, Types, Symptoms and Causes; Stress Analysis Models and 8 Impacts of Stress; Measurement and Management of Stress

Unit -5

Leadership and Assertiveness Skills: A Good Leader; Leaders and Managers; Leadership Theories; Types of Leaders; Leadership Behaviour; Assertiveness Skills.

Emotional Intelligence: Meaning, History, Features, Components, Intrapersonal and Management Excellence; Strategies to enhance Emotional Intelligence.


Head Department of English
Dept. of English
SLN Degree College
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Competitive Examinations and Career Counselling Cell

Valedictory Report of "Soft Skills for Success" on 16/11/2022

Soft skills refer to both character traits and interpersonal skills that will influence how well a person can work or interact with others. The term soft skills cover a wide range of skills as diverse as teamwork, time management, empathy and delegation. The importance of these soft skills is often undervalued, and there is far less training provided for them than hard skills such as coding. Organizations seem to expect people know how to behave on the job and the importance of skills such as taking initiative, communicating effectively and listening, which often is not the case.

The SDGS College identified the importance of soft skills and organised a 45 days programme entitled "Soft Skills for Success" under the Competitive Examinations and Career Counselling Cell in cooperation with Department of English. For this programme 92 students were enrolled.

The Valedictory function of the programme was started at 3:00 Pm on 16/11/2022 by inviting the Principal, Programme Convener and the Head Department of English on to the Dias. The Principal of the College in his inaugural speech congratulated the Convener of the Programme and English Department for organising this kind of programme in the college for the

benefit of students. In his speech the principal explained the importance of Soft Skills for securing jobs after the graduation.

The Convener of the Programme has given an inspiring speech regarding Importance of Soft Skills. The Head Department of English has assured their cooperation for conducting these kinds of programs for the benefit of the students. The Students who enrolled in this programme has expressed their satisfaction towards the programme and requested the principal to organise more number of programmes.

The Valedictory function is ended by distributing the certificates to the students who are enrolled in the Programme and the programme is concluded by the IQAC Coordinator with Vote of Thanks and followed by National Anthem.

V. Chandrasekhar
Dept. of English
SLN Degree College
ANANTAPURAM



HJ
Principal
SLN Degree College
Alamur Road
Anantapuram.



HJ
Principal
SLN Degree College
Alamur Road,
Anantapuram.

Language and Communication Skills for the Academic Year 2022-23

Career Counselling and Competitive Examinations Cell
45 days Capacity and Skill Enhancement Course

"The Art of Written and Verbal Communication in English"

Course Objectives: The following are course objectives

- To develop students' written and verbal communication skills in English.
- To teach students the principles of effective communication, including clarity, conciseness, correctness, completeness, courtesy, consideration, and concreteness.
- To help students develop their critical thinking and problem-solving skills through communication.
- To prepare students for communication success in academic and professional settings.

Course Outcomes: Upon completion of this course, students will be able to:

- Write and speak clearly, concisely, correctly, completely, courteously, considerately, and concretely.
- Analyze and evaluate their own communication and the communication of others.
- Adapt their communication style to different audiences and purposes.
- Use communication effectively to achieve their goals in academic and professional settings.

Course Syllabus:

Unit 1: Introduction to Communication: What is communication? - The communication process - The elements of effective communication - Verbal and nonverbal communication - Cultural communication.

Unit 2: Written Communication: The writing process - Types of written communication - Writing for different Purposes - Writing style and grammar - Editing and proofreading.



Unit 3: Verbal Communication: The public speaking process - Types of public speaking - Delivering effective presentations - Active listening - Communicating in small groups.

Unit 4: Communication in the Workplace: Business writing - Email communication - Professional presentations - Interview skills - Networking skills.



V. Chandu
Head Department of English



[Signature]
Principal
SLN Degree College
Anantapur Road,
Anantapuram.

Life Skills for the Academic Year 2022-23

Department of Physical Education
Transform Your Life with 45 Days of Yoga Practice

This course is designed to provide students with a comprehensive understanding of yoga, its history, philosophy, and practical applications. Through a combination of theory and practice, students will explore various aspects of yoga, including postures, breathing techniques, meditation, and the philosophy behind this ancient practice.

Course Objectives:

- To introduce college students to the principles and practices of yoga as a holistic approach to physical and mental well-being.
- To develop an understanding of the history, philosophy, and various branches of yoga, including Hatha, Vinyasa, and Ashtanga.
- To cultivate self-awareness and mindfulness through the practice of yoga postures (asanas) and breathing techniques (pranayama).
- To provide tools for managing stress, enhancing concentration, and improving overall mental health.
- To promote physical fitness, flexibility, and strength through regular yoga practice.
- To explore the connection between yoga and a healthy lifestyle, including nutrition and stress management.

Course Outcomes: By the end of this course, students will be able to:

- Demonstrate a basic understanding of the history and philosophy of yoga and its relevance in the modern world.
- Perform a variety of yoga asanas and pranayama techniques with proper alignment and breath control.
- Develop a regular yoga practice that promotes physical well-being and flexibility.
- Apply mindfulness and relaxation techniques learned in the course to reduce stress and enhance mental health.



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- Describe the benefits of yoga for physical fitness, stress management, and overall well-being.
- Create a personalized yoga and wellness routine to continue their practice beyond the course.

Unit 1: Foundations of Yoga (Days 1-15) :

Introduction to Yoga: History and Philosophy of Yoga - Benefits of practising Yoga - Basic Principles and ethics - Asana (Yoga Poses)

Learning and practicing foundational asanas: Proper alignment and posture - Breathing techniques (Pranayama) - Meditation and Mindfulness

Introduction to meditation: Techniques for calming the mind - Mindfulness practices - Yogic Diet and Lifestyle

Understanding a Yogic diet: Maintaining a balanced lifestyle - Importance of sleep and relaxation - Anatomy and Physiology

Basic understanding of the human body: How Yoga Affects Different Systems - Preventing injuries.

Unit 2: Intermediate Yoga Practices (Days 16-30)

Advanced Asana Practice: Progressing from basic to intermediate asanas - Holding poses and deepening stretches - Strength and flexibility training - Yoga Nidra and Deep Relaxation

Understanding Yoga Nidra: Guided sessions for deep relaxation - Stress management techniques - Pranayama and Breath Control

Advanced breathing techniques: Energy and breath control (Prana) - Breath awareness and regulation - Yogic Philosophy

Delving deeper into Yoga philosophy: The Eight Limbs of Yoga (Ashtanga Yoga) - Self-awareness and spiritual growth



SLN Degree College, Alampur Road, Anantapur
(Affiliated to Sri Krishnadevaraya University, Anantapur)

Unit 3: Specialized Yoga Practices (Days 31-45)

Yoga for Health and Wellness: Targeting specific health issues with Yoga - Customized practices for participants' needs - Therapeutic Yoga - Teaching Methodology

Learning how to lead a Yoga class: Sequencing and planning sessions - Effective communication and adjustments - Yoga for Daily Life

Integrating Yoga into daily routines: Creating a personal Yoga practice - Self-discipline and commitment



Department of Physical Education



SLN Degree College, Alamur Road, Anantapur
(Affiliated to Sri Krishnadevaraya University, Anantapur)

Department of Physical Education

Circular


15-12-2022

The Physical Education Department is offering a 45-day yoga course titled "Transform Your Life with 45 Days of Yoga Practice." To register, please contact the Physical Director by December 25, 2022, and pick up a copy of the course syllabus. The course will begin on January 1, 2023, at 8:00 AM in the Seminar Hall.



Physical Director




Principal
Principal
SLN Degree College
Alamur Road,
Anantapuram.


Principal
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SLN Degree College, Alampur Road, Anantapur
(Affiliated to Sri Krishnadevaraya University, Anantapur)

A Report on "Transform Your Life with 45 Days of Yoga Practice"
01-01-2023 to 14-02-2023

The Physical Education Department's 45-day yoga program, held from January 1 to February 14, 2023, was a life-changing experience for the 128 students and 6 faculty members who participated. The program was designed to teach participants the benefits of yoga for both physical and mental health, and it included daily sessions of yoga poses, breathing exercises, and meditation.

Participants of all skill levels were welcome, and the program provided individualized attention to ensure that everyone had a holistic experience. In addition to the physical benefits of increased fitness, mental clarity, and relaxation, the program also emphasized mental and spiritual growth. Participants learned mindfulness, stress management, and meditation, and they received nutritional guidance to support a balanced lifestyle.

The participants' dedication and progress were impressive, and the program led to significant improvements in fitness, stress levels, concentration, and overall well-being. The closing ceremony provided an opportunity for participants to reflect on their transformative experiences and express their gratitude.

"Transform Your Life with 45 Days of Yoga Practice" had a lasting impact on the participants, introducing them to the profound benefits of yoga and fostering a commitment to its practice. The program also helped to create a culture of physical and mental well-being within the institution, providing the academic community with a valuable lifelong tool.



A handwritten signature in black ink, consisting of stylized letters.

Principal
SLN Degree College
Alampur Road,
Anantapuram.

A handwritten signature in blue ink, consisting of stylized letters.

Principal
SLN Degree College
Alampur Road,
Anantapuram.

ICT / Computing Skills for the Academic Year 2022-23



SLN DEGREE COLLEGE

Alamur Road, Anantapuramu

Affiliated to S.K. University

Date: 13-11-2022

Circular

All the Final year students are here by informed that Department of Computer Science is organizing 45 days Certificate Course in computers entitled "Information and Communication Technology". In this context, all the interested students are here by instructed to enroll their Names with V Sai Krishna, Head, Department of Computer Science on or before 20-11-2022 and obtain the syllabus copy. The proposed certificate course will commence from 17-1-2023.

Head of Department-
Dept. of Computer Science
SLN Degree College
ANANTAPURAM.



Principal
Principal
SLN Degree College
Alamur Road
Anantapuramu

Copy to

- For Circulation among the Students
- All HoDs for information
- Respective Notice Board of the Departments
- To the file

Principal
SLN Degree College
Alamur Road,
Anantapuramu





SLN DEGREE COLLEGE

Alamur Road, Anantapuramu

Affiliated to S.K. University

Department of Computer science

List of Students Enrolled for the 45 Days Certificate Course On "Information and communication Technology" held from 11-12-2022.

S.NO	Admission No	Name of the Student	Gender	Year	semester	Group
1	803	ADI ANDHRA HARITHA	F	I Year	I	BCOM (CA)
2	722	APPALAREDDY JANAKI	F	I Year	I	BCOM (CA)
3	501	ARAPANA ANITHA	F	I Year	I	BCOM (CA)
4	492	AVANIGONDA SWATHI	F	I Year	I	BCOM (CA)
5	478	AVILIGONDA PRAVALLIKA	F	I Year	I	BCOM (CA)
6	463	BADIGE ANUSHA	F	I Year	I	BCOM (CA)
7	466	BOPELLA LAKSHMI	F	I Year	I	BCOM (CA)
8	804	BORRA ESWARAMMA	F	I Year	I	BCOM (CA)
9	481	BUDDANNA GARI GNAPTHI	F	I Year	I	BCOM (CA)
10	397	CHAKALI LAKSHMI	F	I Year	I	BCOM (CA)
11	10	CHAKALI SILPA	F	I Year	I	BCOM (CA)
12	496	CHINNA JINKA ANITHA	F	I Year	I	BCOM (CA)
13	493	CHINTHAMAKALA KALPANA	F	I Year	I	BCOM (CA)
14	490	DARSI NIKHITHA	F	I Year	I	BCOM (CA)
15	513	DASARI MANEESHA	F	I Year	I	BCOM (CA)
16	474	DUNGAVATH ARUNDATHI	F	I Year	I	BCOM (CA)
17	475	EDIGA MAMATHA	F	I Year	I	BCOM (CA)

18	480	GOLLA KALAVATHI	F	I Year	I	BCOM (CA)
19	476	GOLLA MAHITHA	F	I Year	I	BCOM (CA)
20	477	GUMMADI ASWINI	F	I Year	I	BCOM (CA)
21	594	AGUVINDLA PRIYANKA	F	I Year	I	BSC (BTMC)
22	586	ALAKUNTA NANDINI	F	I Year	I	BSC (BTMC)
23	800	ANKE RAMYA	F	I Year	I	BSC (BTMC)
24	761	BOYA TEJASWINI	F	I Year	I	BSC (BTMC)
25	846	BOYAGANGAPPAGARI SIREESHA	F	I Year	I	BSC (BTMC)
26	583	BOYARAMANJINEYULUGARI BHARGAVI	F	I Year	I	BSC (BTMC)
27	827	CHILLA ANITHA	F	I Year	I	BSC (BTMC)
28	582	GIRI SRAVANI	F	I Year	I	BSC (BTMC)
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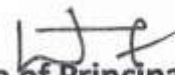
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84	4	KRISHTAPATI DEVIKA	F	II Year	III	BSC (MPCS)
85	22	KUNTI MUKKALA SANDHYA	F	II Year	III	BSC (MPCS)
86	14	MADINENI MOUNIKA	F	II Year	III	BSC (MPCS)
87	8	MAGANURU KULLAYAMMA	F	II Year	III	BSC (MPCS)


Signature of H.O.D.

Dept. of Computer Science
SLN Degree College
ANANTAPURAM




Principal
SLN Degree College
Alamur Road
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Signature of Principal
Principal
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DEPARTMENT OF COMPUTER SCIENCE

Certificate Course Entitled "Information and Communication Technology"

Course objectives

- Understand the basic parts of computer hardware components that make up a computer and the role of each of these components.
- Understand the difference between an operating system and an application program, and what each is used for in a computer
- Use technology ethically, safely, securely and legally
- Design better pages and documents using design-thinking principles
- Create learning materials including info graphics and visual content to fortify learning objectives
- Understand how to create better documents, work sheets using MS-Office.

Course Outcomes

- Create Documents
- Create Worksheets
- Formatting Text
- Work with Cells in MS-Excel
- Create Templates
- Create special effects.
- Forming a Network
- Sending and Receiving E-mails

SYLLABUS

Unit –I :

Introduction to Computers – computer Definition – characteristics and Limitations of computer Hardware-Generations of computer, Classification of Computers, Applications of computer, Basic Components of PC, computer Architecture – Primary and Secondary Memories – Input and Output Devices – Operating System – Functions of Operating System – Types of Operating System – Languages and its Types

Unit –II :

MS Word:

Word processing- features- advantages and applications-parts of word window- Toolbar-Creating, Saving , Closing, Opening and Editing of a Document-Moving and coping a Text-Formatting of Text and Paragraph-Bullets and Numbering-Find and Replace-Insertion of Objects-Headers and Footers – page Formatting- Auto Correct- spelling and Grammar – Mail Merge- Macros

Unit-III :


Features- Spread Sheet – Workbook –Cell- parts of a window – saving, closing, opening of a Work Book – Editing – Advantages – Formulas – Types of Functions – Templates – Macros – Sorting – Charts – Filtering – Consolidation _ Grouping – Pivot table

Unit IV

Networking concepts, Data Communication - Types of Networking, internet and its Services, Internet addressing - Internet applications - Computer virus and its types - Types of browsers

Unit V

Definition of E-mail, advantages and disadvantages User id's, Passwords, E-mail addresses, domain names, mailers, message components, message Composition, mail management, E-mail inner workings.


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Valedictory Report on Certificate Course

Entitled "Information and Communication Technology" on 10-3-2023

The department of Computer science organized 45 days certificate course entitled "Information and Communication Technology" from 17-1-2023. For this program a total number of 87 students are registered.

The valedictory function of the above said program conducted on 10-3-2023 in seminar hall. The programme started at 09:00Am by inviting the Principal, Head, Department of Computer science on to the dais. The principal of the college, in his inaugural speech congratulated the Head and Members of Computer science department for organizing this kind of programme in the college for the benefit of students. In their speeches the Principal and Head, Department of Computer Science motivated the students to enroll themselves in this kind of programs conducted by other departments also and make them use to enhance the employable skills.

The students expressed their satisfaction towards the programme and requested the principal and management to organize number of programmes for the benefit of students and to enhance the skills for employment.

The valedictory function concluded by distributing the certificates to the students who are enrolled in the programme and the programme is ended with vote of thanks followed by singing National Anthem.

Signature of H.O.D.

Dept. of Computer Science
SLN Degree College
ANANTAPURAM.



Signature of Principal

Principal
SLN Degree College
Alamur Road
Anantapuramu

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7	466	BOPELLA LAKSHMI	I Year	I	BCOM (CA)	B. Lakshmi
8	804	BORRA ESWARAMMA	I Year	I	BCOM (CA)	B. eswaramma
9	481	BUDDANNA GARI GNAPTHI	I Year	I	BCOM (CA)	B. Gnapti
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		MALLIKARJUNA KAVYASREE				M. Kavyasree
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Signature of H.O.D.

Dept. of Computer Science
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